

Updated: February 3, 2015.

Ask for volunteers for the readings prior to beginning tonight's meeting.

The readings are available at: WWW.SAATALK.INFO

INTRODUCTION Welcome to the Tuesday Night Step /Story/Topic Closed Telemeeting of Sex Addicts Anonymous. This is a 90 minute meeting. My name is _____ and I am a Sex Addict and your Moderator/Secretary for this meeting. (pause)

This is a closed, mixed meeting, To help reduce line noise and echo, please mute your phone if you are not speaking. If your phone does not have a mute feature, please press *6 to mute your phone and press *6 again to unmute it when you wish to speak.

SERENITY PRAYER Let's begin the meeting with a moment of silence, FOR THOSE WHO ARE STILL SUFERRING, (pause) followed by the SERENITY PRAYER. (altogether).

READINGS:

- (Name) _____, would you please read "THE OPENING"?
- (Name) _____, would you please read the first PART of "HOW IT WORKS"?
- (Name) _____, would you please read the "12 STEPS OF SAA"?
- (Name) _____, would you please read the last PART of "HOW IT WORKS"?
- (Name) _____, would you please read the "ON ACCEPTANCE"?
- (Name) _____, would you please read the "ABSTINENCE STATEMENT"?
- (Name) _____, would you please read the "TRADITION OF THE MONTH"?

Important!

Because this is a telemeeting, the laws of all the states, provinces and countries which are represented, apply. To protect yourself and others in this meeting, please do not be specific as to when, where, with whom, or how you have acted out, in the event that you disclose actions that violate the law regarding underage, senior, or disabled victims. Participants of this meeting may be required by law to violate the anonymity of the group and report this. So talk instead about your thinking, feelings, and emotions.

INTRODUCTION AND CHECK IN It is now time for General Introductions, Check In, and acknowledging Sobriety Birthdays. Sobriety is defined as time away from your inner circle. If you are comfortable doing so, please indicate your First Name and the State you are calling from. Also, please very briefly share your feelings and the tool or tools of recovery proving helpful in maintaining

sobriety. There will be time for more sharing later on. If you are a visitor, feel free to identify yourself as such. I will begin. I am _____, a Sex Addict from _____. I am feeling _____ and the tool or tools of recovery I am using this week are _____.

READINGS By group conscience, we alternate the meeting topic between the steps, the stories, or suggested topics. We read from the SAA Green Book, Hope and Recovery, and Answers In The Heart. Weeks 1-4: This week we will be reading from _____ on page _____. Week 5: This week is an open topic meeting. Does anyone have a topic related to Sex Addiction or Recovery that they would like to share? (Note to Moderator: 3 topics).

(Week 1: Green Book Step of the month, Week 2: Story from the Green Book, Week 3: Hope and Recovery Step of the Month, Week 4: Answers In The Heart: up to three readings, Week 5 (if there is one): Topic Meeting – 3 topics)

NOTE to MODERATOR: Make note of what Step/Story we left off from and pass that information on to the next moderator. By group conscience we decided to read the stories in order.

LATECOMERS It is now time for anyone that arrived during the reading to introduce him or herself. Please identify yourself by first name and geographic location only.

DISCUSSION The meeting is now open for discussion. You can share about the reading or just get current. To keep the meeting safe, we do not make direct comments about another person's share or give advice. Please avoid mentioning the name of a Book, Movie, Treatment Center or the like in your share, because this can be viewed by some as "promotion". It is ok, however, to talk about your experiences with these items. It is also safe to speak in "I" statements, as opposed to "you" statements. Feel free to share more specific information after the Serenity Prayer when Fellowship begins. It is appropriate to reference the reading. By Group Conscience, only the Moderator is allowed to interrupt a person's share and is responsible to maintain meeting boundaries. The moderator will do so in accordance with the SAA Traditions and always in a spirit of love and acceptance. If you feel triggered during the meeting, a suggestion to take care of yourself, would be to put the phone down, hang up and call back, or call your sponsor or support team.

We ask that any Newcomer that would like to share, be given the opportunity. Our focus is making you feel welcome and acknowledge the courage it took getting here. We will reserve some time for Questions and Answers at the end of the meeting. We have about _____ minutes of sharing time left in the meeting. I don't set a time limit on shares but I do time them in case of a long one. There are _____ people on the call. Please be conscious of how many people are on the call who may wish to share as well. I will help moderate. Who would like to begin?

ANONYMITY (At 25 minutes past the hour, close the meeting. On business meeting nights, close the meeting at the top of the hour.) As a gentle reminder for all of us, anonymity is the spiritual foundation

of all our traditions. What you heard was spoken in confidence and should be treated as confidential. Please keep the things you heard here in the confines of your mind. Carry no gossip and always remember to place principles before personalities.

PROMISES Our Promises have been inspired by our own experiences of recovery and by messages of hope from our fellowship. Would someone read either the AA, Ottawa, or Double Winner's Promises which can be found at www.saatalk.info?

SEVENTH TRADITION

Now is the time for the 7th Tradition. The Seventh Tradition in the 12 & 12 states that "every group ought to be fully self-supporting, declining outside contributions." 12-step meetings around the world pass a basket to receive donations that are used to support recovery. Because this activity is not possible in our telemeeting, I would encourage you to consider making a donation to the Telemeeting Intergroup which has set up the ability to collect 7th Tradition funds. Once budgeted expenses are met, all excess funds will be sent to the ISO. If you are able to make a donation to your Telemeeting Intergroup, please send a check made out to "Telemeeting Intergroup" to the following address:

Telemeeting Intergroup

P.O. Box 1317

Greenbelt, MD 20768

You can also make a donation using a debit card, credit card, or PayPal by clicking the Donate link at WWW.SAATALK.INFO

I would also encourage you to consider making a donation to the main SAA office that is located in Houston, TX. Your donation will support the work of SAA meetings around the world. Lifeline Partners is a program available as a way to give back to the fellowship that supports you. Contribute monthly to SAA. It's easy, simply go to the SAA website and go to "member's area". Their Web address is: [SAA-RECOVERY\(dot\)ORG](http://SAA-RECOVERY(dot)ORG). You can make donations by check and credit card by simply calling 1-800-477-8191.

CONTACT LIST

If you would like access to a list of telemeeting members with their contact information, visit the SAA Telemeeting Website: www.saataalk.info

- Select “Members” in the column on the left and
- follow directions to open a new account or log in to your existing account.

If you share your contact information with “Others on the shared list” you will gain access to contact information for all other members who have done the same.

If you encounter problems or lack internet access, contact the list coordinator,

Conrad C. at:

- contacts@saataalk.info
- 520-236-9696

ANNOUNCEMENTS Now is time for announcements:

The first announcement is about sponsorship. I'll read the first two paragraphs pertaining to “Sponsorship... on page 13 of the SAA Green Book: One of the most vital aspects of the program is sponsorship. A sponsor is a person in the Fellowship who acts as a guide to working the program of SAA, A fellow addict that we can rely on for support. Ideally a sponsor is abstinent from addictive sexual behavior, has worked the steps, and can teach us what he or she has learned from working the program. We can learn from a sponsor’s experience, struggles, successes, and mistakes. Our sponsor can help explain program fundamentals, such as how to define our sexual sobriety. Most importantly, sponsors guide us through the Twelve Steps. If we feel like acting out, We can call our sponsor to talk about it. A sponsor can hold us accountable for our behavior. If we make a commitment to attend a meeting, our sponsor can note whether we got to the meeting or not. Sponsors can tell us if they think we are at risk for relapse. They can suggest when we are not being fully honest with ourselves. Often, a sponsor is a person in the fellowship that knows us best.

Are there any other SAA Related Announcements?

Available at [www.saa-recovery\(DOT\).org](http://www.saa-recovery(DOT).org) are the following:

A list of all scheduled Telemeetings
The Outer Circle-SAA Monthly Newsletter
Purchase of SAA approved literature by calling 1-800-477-8191.

The readings for this meeting can be found at www.saataalk.info.

THANKS TO ALL FOR ALLOWING ME TO BE OF SERVICE!

SERENITY PRAYER Please join me in the “Serenity Prayer”.

FELLOWSHIP (Non-Business Meeting Days) The meeting is now open for fellowship. We reserve the first 5 minutes for newcomers to ask questions. Are there any newcomer questions? (If no questions.... Open the meeting to general fellowship) The meeting is now open for general fellowship; it is also a good time to exchange phone numbers.

(Business Meeting Days – Last Tues of Month) We have a business meeting this evening but before we move on to business I'd like to open the meeting for 5 minutes for Newcomers to ask questions. Are there any newcomers who have questions? (After questions ask Would anyone like to share their phone number.)

BUSINESS MEETING: Note: The last Tuesday of each month

Business meeting:

Welcome to the Tuesday Night 7pm Pacific Time Mixed SAA business meeting.

My name is _____ and I'm a sex addict and your trusted servant for this meeting.

Can we start this meeting with a moment of silence for the still suffering addicts followed by the Serenity Prayer?

Would someone please read The Twelve Traditions?

Moderator: Make note of Old business that was tabled from other business meetings and make sure to pass any old business onto the new meeting moderator via email or verbal communication before the next months business meeting.

1. Do we have any old business to discuss?
2. Do we have any new business to discuss?
3. Meeting Moderator - Suggested 30 day sobriety. Position is for 1 month.
4. Intergroup Representative –Position is for 6 months. (Voted on in December for Jan-Jun position and June for July to December position)
5. Meeting Delegate to the ISO Convention – An annual position voted on as soon as the first of January for the May Convention

Let's close this meeting with the Serenity Prayer. Get a motion to adjourn.

The meeting is now open for general fellowship. For those of you that would like to give out your number for recovery or outreach calls, this is a good time to do so.