

Sharing Hope Women's SAA Telemeeting

Saturday Noon EST

Revised January 18, 2020

Good afternoon and welcome! This is a closed women's only tele-meeting of Sex Addicts Anonymous. If you have a desire to stop your addictive sexual behavior you are in the right place. My name is _____ I am a sex addict and your trusted servant for this meeting.

May we have a moment of silence for the addict in and out of these rooms who still suffer, followed by the Serenity Prayer.

"God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

Who would like to read THE INTRODUCTION, pgs 1 & 2 of the SAA green book?

Would someone like to read OUR PROGRAM, pgs 20-22 from the SAA green book?

May we hear THE TWELVE TRADITIONS, pg 77 from the SAA green book?

Is there anyone at this meeting for the first time? If so, please state your first name and where you are from so that we may welcome you. Welcome!

Now is the time that we celebrate milestones in sobriety. Does anyone have a milestone they would like to celebrate? Does anyone have 30 days? 60 days? 90 days? 6 months? 9 months? 1 year? 18 months? Multiples of years? How about 24 hours?

Now let's go around for introductions. It is the custom of this group for members to share their first name only, where you're from, how you're feeling, inner circle behaviors and current length of sobriety from these behaviors. My name is _____, I'm a sex addict from _____, I feel _____, and my inner circle behaviors are _____ and I have _____ days/months/years of sobriety from my inner circle behaviors.

In regards to literature: The literature we are using for this meeting can be obtained from the ISO of SAA, P.O. Box 70949, Houston, TX USA 77270 or by phone: 1-800-477-8191 or via the internet: www.saa-recovery.org.

Regarding phone numbers: The phone can be an important tool during recovery. Everyone is encouraged to get phone numbers of individuals whose shares they relate to, to use as part of a support system. This is done after the meeting. Please be sensitive when using the phone and understand that sharing your phone number is completely voluntary.

Regarding sponsorship: We, as a group, believe that completing step work with a sponsor is an integral part of gaining and maintaining sexual sobriety. If you do not have a sponsor, or have questions about what a sponsor is, please talk to someone after the meeting.

This is a 12-step meeting of SAA. We will be using the SAA green book. We are on step ____, p. ____.
(Read step.)

Now the meeting is open for discussion. You may comment on the material that was just read or how this program has been working in your life recently. Please limit your shares to 5 minutes. You may be interrupted if your shares are too descriptive, if you are talking longer than 5 minutes, if you mention specific names, websites, places associated with your acting out behavior, or if you're focusing on the problem rather than the solution. This is not meant to shame anyone, rather to provide a safe meeting for all of us. Who would like to begin?

It's now time for the 7th tradition, which states that "every SAA group ought to be fully self supporting, declining outside contributions." We have no dues or fees, but our International Service Organization (ISO) does have expenses. Contributions can be mailed to: ISO of SAA, P.O. Box 70949, Houston, TX USA 77270 or by phone: 1-800-477-8191 or via the Internet: www.saa-recovery.org.

Phone number and pass code – It is the group conscience of this meeting that you help us all feel safe. We are a closed women's only tele-meeting of SAA. In order to access this meeting new members are required to speak to one of our meeting contacts. Our meeting contacts information can be found at: www.saa-recovery.org. Please do not give out this phone number and pass code to any one.

Our group conscience meeting is held on the third Saturday of the month after the regular meeting.

(Third Saturday of the month, announce group conscience meeting and that it will start immediately after the meeting.)

Are there any SAA related announcements?

Would someone please read "How We Live", the first two full paragraphs on page 61 of the SAA green book?

In closing, please help us move from shame to grace and join us in the "we version" of the Serenity Prayer.

"God, grant us the serenity to accept the things we cannot change, courage to change the things we can, and the wisdom to know the difference."

If there are newcomers, please get something to write with because the phone line is now open to exchange phone numbers, my name is _____ and my number is _____.

The phone line is now open for Fellowship.

Please state your name before your share and say I pass after, so that we may thank you.

If there is a business meeting, please say: ' We will take about 5 minutes before business meeting for newcomers to ask questions. There will be more time after the business meeting for newcomer questions. Are there any newcomer questions?'

Group Conscience:

Welcome to the Saturday noon women's SAA teleconference group conscience meeting. My name is _____ and I'm a sex addict and your trusted servant for this meeting.

Would someone please read The Twelve Traditions?

(Note to trusted servant: In this meeting we generally bring up one business item or "motion" at a time, ask for a "second to the motion", and then allow discussion before making a decision. Taking a vote is common.)

Our guiding principle is Tradition 2 "For our group purpose there is but one authority--a loving God as expressed in our group conscience. Our leaders are but trusted servants, they do not govern." The green book says, "As we listen to one another while drawing on our relationship to a loving God for guidance, an understanding of how to solve the issue according to spiritual principles begins to arise within the group. We call this group conscience." Please keep in mind that "group conscience is not the same as unanimity, consensus, majority vote, or compromise."

May we hear the minutes from last month's group conscience meeting? (read by trusted servant or whoever took minutes)

If there are no objections to the minutes read, we will adopt these minutes. Any objections?

First item of business: We are in need of a trusted servant for the coming month, 30 days sobriety suggested. This person will also take minutes for this group conscience meeting today. Is there a volunteer? (If no volunteer, say:) Could we have a volunteer to take minutes for this meeting?

In keeping with our traditions, do we have any old business to discuss?

Do we have any new business to discuss?

Should a meeting format change occur, outgoing trusted servant please update the format and upload the new format to our meeting page at www.saataalk.info. Login information is required and can be obtained from the meeting contact.

Please help me close this meeting with the Serenity Prayer.

The phone line is now open for fellowship.