Welcome, we’re the PSRC, grateful that you’re here

Thanks for making the retreat happen!

Close to 150 participants

You can get to everything you need via the registration email you received Thursday

               Program

               Retreat tips and safety information

               How to log in to every session from computer, smart phone and regular phone

               Contact info to reach the PSRC

Quick info about speakers

               Jeannie O from Minnesota

               Hayden M from Kent

Quick run through program (times and titles only, keep it brief)

Links are embedded in program document

NOSA

               Experienced volunteers here to help you if you are triggered or feel unsafe

               Contact information is in the Online Retreat Tips document

Other things you can find in the Online Retreat Tips document

               How to get help with Zoom

Etiquette and safety

               adults only

be mindful of your video camera

mute

appropriate use of chat

more

self-care tips

technical tips

information about our Zoom volunteers

more …

Be thinking about next year

               Do we go live again?  Do we try to go hybrid?  Do we do one retreat live AND one online?

               We need you on the PSRC

What’s next