

## **Inmate Writer Support Group** – SCRIPT

Tuesdays 8:00 pm Eastern time.

How to join:

Zoom meeting link:

<https://us06web.zoom.us/j/83329479045?pwd=ttFq17R24bsNnOJao4AEL2VsEatXij.1>

Zoom Meeting ID: 83329479045

Zoom Passcode: 252179

One tap mobile:

+16699006833,,83329479045#,,,,\*252179# US (San Jose)

+16694449171,,83329479045#,,,,\*252179# US.

Welcome to the *Inmate Writer Support Group* of Sex Addicts Anonymous. My name is \_\_\_\_\_, I am a recovering sex addict, and I will be the moderator for this meeting.

We need 2 volunteers for readings. Who would like to volunteer to read the 12 Steps of SAA? ([Wait for volunteer.](#)) Thanks. And who will read the Closing, from the last paragraph on p. 98 of *Sex Addicts Anonymous*, at the end of the meeting? ([Wait for volunteer.](#)) Thank you both for your service. I'll cue you both when it's time for you to read. Thank you for your service!

This is an "open-discussion support group," for inmate writers of all genders – as well as individuals who are ready to write to inmates and are looking for our collective experience, strength, and hope to assist you in learning how to get started. We also welcome former inmates who wish to discuss their experiences with sex addiction and recovery while incarcerated.

This meeting will last for 1 hour.

For the time being, at the 55 minute mark, we will have time for an inventory of how the meeting went and a chance for any group conscious as to the format of the meeting. So we will begin to close the meeting at the 50 minute mark.

"The purpose of the ISO prisoner outreach program is to facilitate carrying the SAA message of recovery to sex addicts inside jails and prisons. This is accomplished primarily through providing published materials to prisoners and connecting prisoners with SAA member on the outside, who are willing to correspond for the prisoner. For the prisoner, this is a lifeline of recovery information and support, and for the letter writer

it is an excellent opportunity for gratifying service beyond the local level.” (from the pamphlet, *Writing to Prisoners*)

Our common bond is our desire to stop our compulsive sexual behaviors and to live sexually healthy lives. Anonymity and confidentiality are essential to this being a safe place for all of us. We hope you will join us in sharing the collective strength and hope that is ours when we work the program and trust our Higher Power to deliver the Promises.

### **Introductions**

Now is the time for introductions. Please state your first name, where you are from, and if you wish, whether you are currently an inmate writer, wish to learn more about the prisoner program, or are a former inmate.

I'll start: My name is (name), I'm from (location), [I'm a recovering sex addict and currently an inmate writer—interested in the prisoner program—a former inmate]. Pass. Who would like to introduce themselves next?

Welcome everyone!

### **SERENITY PRAYER**

After the moment of silence for our fellow addicts who are not at this meeting and still suffering from this addiction, we'll recite the Serenity Prayer together.

***God, grant me the serenity  
to accept the things that I cannot change  
the courage to change the things that I can  
and the wisdom to know the difference.***

As a gentle reminder, please mute when you're not speaking to keep the line clear.

Thank you (name) for volunteering to read the 12 Steps of SAA (pp. 20-21 of *Sex Addicts Anonymous*). Please go ahead.

### **THE TWELVE STEPS OF SAA**

- Step 1. We admitted we were powerless over addictive sexual behavior—that our lives had become unmanageable.
- Step 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- Step 3. Made a decision to turn our will and our lives over to the care of God, as we understood God.
- Step 4. Made a searching and fearless moral inventory of ourselves.

- Step 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- Step 6. Were entirely ready to have God remove all these defects of character.
- Step 7. Humbly asked God to remove our shortcomings.
- Step 8. Made a list of all persons we had harmed and became willing to make amends to them all.
- Step 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- Step 10. Continued to take personal inventory and when we were wrong promptly admitted it.
- Step 11. Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
- Step 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to other sex addicts and to practice these principles in our lives.

Thank you (name).

I will read the Tradition of the month and the 12th Tradition.

### **THE TWELVE TRADITIONS**

1. Our common welfare should come first; personal recovery depends upon S.A.A. unity.
2. For our group purpose there is but one ultimate authority-a loving God as expressed in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for S.A.A. membership is a desire to stop addictive sexual behavior.
4. Each group should be autonomous except in matters affecting other groups or S.A.A. as a whole.
5. Each group has but one primary purpose-to carry its message to the sex addict who still suffers.
6. An S.A.A. group ought never endorse, finance, or lend the S.A.A. name to any related facility or outside enterprise lest problems of money, property, and prestige divert us from our primary purpose.

7. Every S.A.A. group ought to be fully self-supporting, declining outside contributions.
8. S.A.A. should remain forever nonprofessional, but our service centers may employ special workers.
9. S.A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. S.A.A. has no opinion on outside issues; hence the S.A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

### **OUR DISCUSSION BOUNDARIES**

The purpose of this meeting is to have an “open discussion where cross-talk is welcome,” sharing our experience, strength, and hope with each other regarding the following:

- What’s going well?
- What could use improvement?
- What can we learn from each other’s triumphs or challenges?
- What helpful hints, suggestions, recovery tools, or ideas can we offer?
- What has been your experience with sex addiction and recovery while incarcerated?

Our intention here is to improve our writer-inmate relationships and help new writers gather effective tools and ideas. We all grow spiritually as we carry the message that sexual sobriety is possible through working the 12 Steps of SAA.

There may be multiple topics brought up during a single meeting. Topics will be discussed one at a time.

[\(Read this, then please post it into the Chat s a gentle reminder to all attendees:\)](#)

During your share, when making a reference to an individual, we do not mention a person’s name or their gender. This may take some practice.

Simply refer to them as  
*“a person I’m working with,”*  
*“my sponsor,”*  
*“a sponsee,”*  
*“they,” or*

*“them.”*

Anonymity and confidentiality are of the utmost importance to keep this meeting safe for all.

### **SPIRITUAL TIME-KEEPER**

Who would like to volunteer to be our spiritual time-keeper? [\(Pause.\)](#) When your share has reached 3-minutes, [\(name\)](#) will call “time.” Please wrap up your share within 30 seconds.

### **DOUBLE-DIPPING and CROSS-TALK**

As previously mentioned, cross-talk during our discussion is accepted and welcomed. If someone has already commented on the topic, and would like to share a 2nd time before everyone has had the chance to share once, simply ask *"is there anyone else who wants to share before I double-dip?"*

The meeting will end at 8:50 pm Eastern time; at 8:55 pm there will be an opportunity for an inventory and group conscience regarding the meeting format.

### **Discussion Topic:**

Does anyone have a topic for today?

[\(Moderator: If no topic is offered, here are some ideas for discussion topics:\)](#)

- [Does anybody have a question they'd like to ask regarding writing to inmates? \(pause\)](#)
- [A difficult situation they're involved in with an inmate, and they're not quite sure what an appropriate way to handle it might be? \(pause\)](#)
- [How about sharing your experience, strength and hope about the benefits of the prisoner program? \(pause\)](#)
- [Would anyone like to share some inmate writing experiences that you weren't quite prepared for ahead of time? \(pause\)](#)
- [Does anybody have any helpful hints for someone who's just getting started?](#)

### **CLOSING (at 8:50 Eastern Time)**

It's now time to close the meeting. Thank you to everyone for your participation.

### **SERVICE FOR NEXT WEEK**

Next week, we'll need a *Moderator* to read the script, and a *Dashboard Operator*. [\(Moderator: Pause to obtain volunteers.\)](#) Thanks to both of you for your service! If you would like to learn how to run the Dashboard, let us know if you're interested. There is

a brief training available.

## **7<sup>TH</sup> TRADITION**

### **ONLY READ THIS SENTENCE:**

It's time for the 7th Tradition. I'm going to ask our Dashboard Operator to post the 7th Tradition into the Zoom Chat.

(Post the 7<sup>th</sup> Tradition verbiage into chat:)

“Every SAA group ought to be fully self-supporting, declining outside contributions.”

You can donate to the Telemeeting Intergroup via PayPal at [saatalk.info](https://saatalk.info), or by mailing a check or money order to:

**SAA Telemeeting Intergroup  
PO Box 62  
Windsor CO 80550**

To donate to the ISO directly text the letters “SAA” for individuals or “SAAG” for groups to 91999. You will receive a link to donate electronically. You can call the ISO at (713) 869-4902.

To read online about the 7<sup>th</sup> Tradition and the different ways to donate, visit: <https://saa-store.org/7thTradition/>.

(End post here.)

Thank you (name) for volunteering to read the Closing, which is from p. 98 of *Sex Addicts Anonymous*, last paragraph. Please go ahead.

“This is how recovery has been for us. Each of us has taken steps of courage and leaps of faith. Each of us has contributed, not only to our own recovery, but to the recovery of other suffering sex addicts as well. We have contributed by showing up at meetings and by sharing our experience, strength, and hope. We have listened to our fellow addicts and supported them in their recovery journey. Like the first members of our fellowship, we continue to remain sexually sober by helping our fellow addict stay sober. Our prayer is that every sex addict who seeks recovery will have the opportunity to find it. And keep coming back.”

## **CLOSING PRAYER**

In closing, let's say the “We” version of the Serenity Prayer together:

## **SERENITY PRAYER ("WE & US" VERSION)**

God, grant us the serenity  
to accept the things that we cannot change  
the courage to change the things that we can  
and the wisdom to know the difference.

## **BUSINESS MEETING PROCESS (last Tuesday of the month)**

Who would like to lead the business meeting?

Who would like to be our spiritual time-keeper to keep the meeting at 30-minutes?

Who would like to act as secretary and record the minutes for the meeting?

Secretary: announce and record how many attendees are present.

Copies of our archived business meeting minutes will be available for download at the Inmate Writer Support Group section of the [SAAtalk.info](http://SAAtalk.info) website.

Let us open our business meeting with the Serenity Prayer.

**God, grant me the serenity  
to accept the things that I cannot change  
the courage to change the things that I can  
and wisdom to know the difference.**

Who would like to read the 12-Traditions of SAA?

## **THE 12-TRADITIONS OF SEX ADDICTS ANONYMOUS**

1. Our common welfare should come first; personal recovery depends upon S.A.A. unity.
2. For our group purpose there is but one ultimate authority-a loving God as expressed in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for S.A.A. membership is a desire to stop addictive sexual behavior.
4. Each group should be autonomous except in matters affecting other groups or S.A.A. as a whole.
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8. S.A.A. should remain forever nonprofessional, but our service centers may employ special workers.
9. S.A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. S.A.A. has no opinion on outside issues; hence the S.A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Is there any old business to discuss?

Is there any new business to discuss?

Thanks to all for your service of participating in this meeting!

(Close the meeting with the Serenity Prayer.)

### **Fellowship Time and Parking Lot Discussions**

Thank you for allowing me to be of service today! You're all invited to stay for continued fellowship. You may leave at any time, if you wish. Is there anyone here who'd like to leave your phone number for outreach calls? (pause) If you'd like further information on any of the topics brought up for discussion today, feel free to stay in the ZOOM Room for an ad hoc continuation of today's topic.

(Revised script 2026-07-16)