

Serenity Saturdays Calendar

Each meeting begins with a short meditation before the scheduled meeting focus.

1st Saturday

Serenity Prayer Spotlight

We focus on one of the seven items that is asked for in the Extended Serenity Prayer.
(Serenity, Courage, Wisdom, Patience, Appreciation, Tolerance, and Strength)

2nd Saturday

Tools of Recovery Review

We focus on topics from the Literature Committee Approved booklet, Tools of Recovery. These are chosen at random until all topics have been discussed to reduce multiple repeat topics.

3rd Saturday

Step Study Session

We focus on a step from the Twelve Steps of Sex Addicts Anonymous. In this meeting, we do not follow the traditional “step of the month” concept. We offset the steps as we believe thoughts of steps can vary depending on our state of mind at a given time of the year.

4th Saturday

Group Topic Discussion

We invite attendees to suggest topics of discussion revolving around recovery. Usually 3-4 are chosen but members are welcome to always discuss any aspect of their recovery journey.

5th Saturday (if applicable)

Recovery Roulette

This meeting’s focus would be at the discretion of the moderator or if previously decided upon by the group. This could also be a format different from our regular sharing sessions.

Last Saturday

Business Meeting

Following the regular meeting we will discuss how the group is functioning & receive feedback.

The preceding list may change at any time to better fit the needs of the group.