

Sunday Strength with Voices SCRIPT (v10)

Time: 8am Pacific Time / 9am Mountain / 10am Central / 11am Eastern Makeup:

Mixed (this meeting is for both men and women)

Access: **Closed**. All who have a desire to stop their compulsive sexual behavior are welcome, but we ask those that are otherwise just curious (perhaps on behalf of a loved-one) to find meetings that are designated as being Open.

Call-in Number: 667-770-1227

Access Code: 160278

Online Access: <https://www.freeconferencecallhd.com>

Website Info: [http://saatalk.info/us/meetings/meeting?xmeeting\[id\]=96](http://saatalk.info/us/meetings/meeting?xmeeting[id]=96)

MODERATOR SCRIPT

Welcome

Welcome to the Sunday Strength with Voices closed, mixed tele-meeting of Sex Addicts Anonymous. My name is _____, I am a (eg. sexual anorexic, sex addict, sex and love addict, etc) from _____ and I'm your trusted servant for this meeting. This is a closed meeting, meaning it is only for those who have a desire to stop their compulsive sexual behavior. There is no other requirement for participation.

May we have a moment of silence for the addict in and out of these rooms who still suffers, followed by the serenity prayer?

<Reading: Serenity Prayer>

Sex Addicts Anonymous is a spiritual program based on the principles and traditions of Alcoholics Anonymous. Our primary purpose is to stop our addictive sexual behavior, and to help others recover from sexual addiction. We find a new way of living through the SAA program and carry our message to others seeking recovery.

Could I have a volunteer read *Our Lives Before* which can be found in on *saatalk.info* or *pugetsoundsaa.org*?

<Reading: Our Lives Before>

Could I have a volunteer read the *12 Steps* which can be found in the SAA Green Book on page 20.

<Reading: 12 Steps of SAA>

Group Boundaries

We strive to create a safe environment for recovery. Despite our core tradition of anonymity, you should be aware that some people may decide after careful thought to report certain disclosures to the authorities. Therefore, we are not specific as to when, where, with whom, or how we have acted out, including violations regarding underage, senior, or disabled victims. This meeting is for people age 18 and over.

Please help keep the meeting quiet by monitoring your own mute status, using the mute feature on your cell phone or by pressing star * 6.

If you're muted by the moderator, you'll hear a voice indicating 'muted'. To unmute yourself, press star * 6.

Introductions

Now is the time for general introductions. We introduce ourselves with our first names only, where we are from, and any sobriety you would like to celebrate. This is not a time for sharing or getting current; there will be time for sharing after today's reading.

I will start... my name is _____, I am a (eg. sexual anorexic, sex addict, sex and love addict, etc) from _____ and (celebrate sobriety). Pass. [Pause]

Choose Reading

In this meeting, we read two entries from *Voices of Recovery*, the SAA Daily Meditation Book. A free version of this book can be found online by going to saa-recovery.org, clicking on the Literature tab, and selecting the link for Voices of Recovery. Can I have a volunteer read today's entry from Voices of Recovery?

<today's VoR reading>

[Moderator to choose one additional related entry on the same topic unless a newcomer has identified themselves during introductions, If a newcomer is present, Moderator will choose from one of these readings which deal with Powerlessness and the First Step:

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50	Feb 19	113	Apr 22
54	Feb 23	213	Jul 31]

Can I have a volunteer read the companion reading for <Day> found on <Page>?

<Companion VoR reading>

The meeting is now open for sharing. Participation is voluntary. Talk about the readings, share how you're feeling, or simply say your first name and pass. Please avoid naming books, movies, treatment centers, or the like, as this may be seen as promotion. You're welcome to share your personal experiences with them.

To keep this a safe space, we avoid naming people or places connected to our behaviors. Instead, we refer to them as "acting-out behavior," without explicit or offensive language. Feel free to talk about your thinking, feelings, and emotions.

This meeting focuses on the solution. We share our experience, strength, and hope in recovery. Please address your share to the whole group, using "I" or "we" rather than "you." We also avoid crosstalk. We don't interrupt, give advice, or comment on another's share.

You're welcome to share more personally during fellowship after the meeting or exchange phone numbers with others you can share more specifically.

Who would like to start?

Begin Closing

[5 minutes remaining]

[Thank the readers]

As a gentle reminder for all of us, anonymity is the spiritual foundation of all our traditions. What you heard was spoken in confidence and should be treated as confidential. Please keep the things you heard here in the confines of your mind. Carry no gossip and always remember to place principles before personalities.

7th Tradition

The 7th Tradition states that “every group ought to be fully self-supporting, declining outside contributions.” Since that is not possible in our telemeeting, please consider donating to the main SAA office located in Houston, TX. Your donation will support the work of SAA meetings around the world. You can reach them online at saa-recovery.org [if someone asks, their number is (800) 477- 8191]

Announcements

The business meeting for this group is held on the last Sunday of each quarter.

If you would like to give a First Step presentation, please ask for a moderator’s phone number when the meeting is over to schedule a time.

Online versions of all the SAA pamphlets and other Conference-approved literature, including Voices of Recovery, are found on saa-recovery.org

Are there any SAA related announcements? [Pause]

Promises

Would someone please read one of the following? [Or moderator can choose]

Ottawa Promises

9th Step Promises (AA Big Book, pages 83-84)

Closing Prayer

Let’s close the meeting with a moment of silence for those who are still suffering followed by the Serenity Prayer. [Pause]

<Reading: Serenity Prayer>

Fellowship

The meeting is over and we are now in Fellowship. The phone line will be open for another hour or so for anyone who wants to carry on a general discussion, ask questions, or exchange phone numbers. Thank you for letting me be of service.