

SPEAKER SEEKER GUIDELINES:

Ask the speaker to share:

1. Enough of **what they were like** to help newcomers identify (Experience)
2. Enough of **what happened** to show how the program works (Strength)
3. A strong focus on **what they are like now** living in contented sobriety (Hope)

Tips for speaker seeker:

1. Make sure they meet the **speaker criteria** described above – be sure and ask them specifically.
 2. Remind them of the “what they were like, what happened, and what they are like now (**Experience, Strength, and Hope**) format
 3. Follow up a couple of days before the meeting to reconfirm
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