

# ISA RESOURCES

A list of resources for members of SAA who are exploring intimacy and/or sexual avoidance

## COMMITTEES – Get involved!

Service deepens recovery, whether you're new or have been around a while!

### **1<sup>st</sup> Saturday, 9:00 a.m. US Central - ISA Awareness Committee (ISAAC)**

Want to help others know what intimacy means and how to recover from avoiding it?? The ISA Awareness Committee is dedicated to raising awareness in and out of the fellowship about intimacy avoidance and sexual avoidance. Everyone is invited and welcome to attend and see what it's about and offer ideas and support. This ISO Board subcommittee meets monthly ZOOM. (You can join by video or call in.) For more information, please contact the ISAAC by emailing [Avoidance@saa-recovery.org](mailto:Avoidance@saa-recovery.org)

### **Intimacy and Sexual Avoidance (ISA) Electronic Meeting Intergroup**

An ISA Electronic Meeting Intergroup has been formed in order to help meet the needs of the ISA phone meetings and ZOOM meetings. Discussion and decisions are done mainly through email. If you would like to represent an ISA meeting you attend, contact Deb in WV. (267-332-4698)

### **2<sup>nd</sup> Sunday, 3:00 p.m. US Central - TELEMEEETING INTERGROUP (TIG)**

Each of the 12 ISA telemeeting groups is registered with the Telemeeting Intergroup, which hosts the site where we list our meeting information, announcements, and scripts, etc. The TIG holds monthly business meetings in order to discuss ways to serve its member groups. Each meeting is encouraged to send a group representative to the monthly TIG meetings which use ZOOM. Interested members of SAA may also attend without representing a specific meeting. More information about the Telemeeting Intergroup can be found at <https://saatalk.info/us/>.

### **1<sup>st</sup> Sunday, 3:00 p.m. US Central – INTERGROUP COMMUNICATIONS COMMITTEE (ICC)**

An intergroup consists of representatives from each group which are members of the intergroup. The ICC meeting is a place where reps from SAA intergroups all over the world can share experience, “best practices,” and ideas with one another using the ZOOM video platform. It is important that the voice and experiences of those that attend telemeetings as well as those working Steps on avoidance be heard in this meeting. Any interested member of SAA may attend the ICC meeting, even if you're not representing a specific intergroup. To obtain meeting access number, email [info@saa-recovery.org](mailto:info@saa-recovery.org) or call the ISO at 1-800-477-8191. You can also contact Deb in WV to discuss representing the ISA Intergroup on the call.

### **2<sup>nd</sup> Saturday, 10:00 a.m. US Central – WOMEN'S OUTREACH COMMITTEE (WOC)**

Want to support women sex addicts? The mission of the Women's Outreach Committee is four-fold: to reach out to all women who desire to stop addictive sexual behavior; to assist these women in connecting with other SAA women; to provide a safe place for women to reach out to other women for support and sponsorship; and to give women a voice in the SAA fellowship. Anyone of any gender in SAA can attend or join the Women's

Outreach Committee to reach out to and support women sex addicts. Your insight, perspective, and support is welcome and needed! Come listen in and see what it's about! To obtain meeting access number, email [info@saa-recovery.org](mailto:info@saa-recovery.org) or call the ISO at 1-800-477-8191.

#### **4<sup>th</sup> Saturday, 10:00 a.m. US Central – SAA WOMEN'S INTERGROUP (WIG)**

The SAA Women's Intergroup intends to lead or assist in developing, funding and encouraging retreats, workshops, and other events, activities and initiatives, as well as supporting individual women members at these events or through these initiatives. In doing so, the Intergroup may partner with the ISO (especially the Women's Outreach Committee) and various other groups, intergroups, committees, and Areas. The SAA Women's Intergroup is quite new. They intend to register as a 501(c)(3) corporation and are currently writing Bylaws to support their mission. As an autonomous entity, they can engage in fund-raising and maintain their own bank account. Anyone of any gender in SAA can attend or join the SAA Women's Intergroup. Email [saawomensig@gmail.com](mailto:saawomensig@gmail.com) to request meeting information.

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## **PAGE OF LINKS TO RECORDINGS: INTIMACY AND SEXUAL AVOIDANCE-RELATED FIRST STEPS, SPEAKERS, AND WORKSHOPS**

[https://saatalk.info/us/resources/resource?xresource\[id\]=31](https://saatalk.info/us/resources/resource?xresource[id]=31)

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## **PAGE WITH A LIST OF ISA TELEMEEETINGS**

[https://saatalk.info/us/members/my-resources/edit-resource?xresource\[id\]=28](https://saatalk.info/us/members/my-resources/edit-resource?xresource[id]=28)

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