Open/Close Script for Sunday Evening PM Big Book Telemeeting a/o July 26~~December 28~~, 2026~~5~~

Welcome to the 6:00 pm PST Big Book Study Telemeeting. Now let's take a moment of silence to meditate and invite God to our meeting. We'll follow that with the Serenity Prayer.

"God. Grant me the serenity...."

In order to help keep the lines clear, we ask that you mute your phone by using the "*6" feature on your phone.

To paraphrase the foreword of the First Edition of the Big Book:

WE OF Sex Addicts Anonymous are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other sex addicts precisely how we have recovered is the main purpose of this book. For them we hope these pages will prove so convincing that no further authentication will be necessary. We think this account of our experiences will help everyone better understand the sex addict. Many do not comprehend that the sex addict is a very sick person. And besides, we are sure that our way of living has its advantages for all.

Hello, everyone. My name is _____ and I am a sex addict. I'll be the facilitator for this meeting.

Our Group Conscience has elected to use the Big Book of A.A. as its basic text. Time and experience have proven it to be the most successful approach to the Steps no matter what the addictive problem may be. Because of how it was written, we believe it to be the purest 12 Step document in existence. As far as we are concerned, it is what works for us. The only other literature we reference in this meeting is a dictionary from the late 1930's.

The purpose of this meeting is to learn from the Big Book how to improve how we each work the 12 Steps by extracting the precise instructions it contains. During this meeting let's try to stay focused on finding the clear-cut directions in the passage being covered today. If you have other opinions, thoughts, theories, ideas or personal experiences that differ from the direction of the Big Book, perhaps after the meeting in fellowship or in a private conversation with one of us is a better place to discuss it. Let's also keep our egos out of the meeting by avoiding personal anecdotes or personal histories in the discussion. The study leader is responsible for keeping the meeting focused and may interrupt for that purpose.

If you have worked the Steps for sex addiction with a sponsor by the specific instructions in the Big Book and had the promised spiritual awakening, then we would really like to hear your insights into these directions. If are new to S.A.A., to this meeting or to this approach to the Steps, we want you to know you are welcome here. Our hope is that you will hear something that will be helpful to you.

There will be a period of fellowship after the meeting. This is a great time to get to know each other. If you have questions, if you need to check in or get current, or if you want to discuss other literature, please stick around for the fellowship. That would be a better time for these subjects. Before we close the meeting people willing to sponsor will announce their names and phone numbers. We encourage you to stick around.

_____ will be our study leader tonight. He/She will be using the Big Book Study Guide prepared by members of Dallas' Primary Purpose Group of A.A. and adapted to sex addiction by members of the Dallas Primary Purpose Group of S.A.A. In this guide there are questions for almost every sentence in the Big Book. _____ will read a question and call upon a member to read the

sentence out of the Big Book which is designed to be the answer.

He/She will be calling on several people to answer questions from one paragraph each from the Big Book. Don't be embarrassed if you get lost or don't understand the format. Just say "pass" and we'll call on you the next time around. If you would like to follow along as we are studying and do not have a Big Book, you can access it online at www.aa.org/bigbookonline. We would also like to take a minute or two at this time to allow all of those on the line to introduce themselves. And if you are new to this approach of using the AA Big Book for sex addiction, please let us know so that we may welcome you.

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Study Leader takes over…

My name is _____, and I am a sex addict. I'll be your study leader for the evening. Before we begin our study we are going to review a Tradition. This weeks Tradition is ___ and I've asked _____ (please choose a member who is knowledgeable of the Traditions) to read the long form of the Tradition followed by the short form and to offer some comments.

STUDY GROUP LEADER CONDUCTS QUESTION & ANSWER STOPPING AT 6:50 pm PS/DT ON THE LAST SUNDYA OF THE MONTH (GROUP CONSCIENCE) AND 6:55PM PS/DT EVERY OTHER SUNDAY

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Closing: Back to Facilitator

Reading from the last few paragraphs on page 164: "Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come if your own house is in order. But you obviously cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.

"Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.

"May God bless you and keep you until then."

Our 7th Tradition states that every group ought to be fully self-supporting declining outside contributions. S.A.A. meetings around the world normally pass the basket at this time to accept the voluntary contributions of its members. Since that is not possible in a telemeeting, we ask that you make a contribution to either the Big Book Study Intergroup online at www.SAA-bigbook.org, or the SAA Telemeeting Intergroup. That can be done on-line via PayPal at www.saatalk.info or you can send a check to:

Telemeeting Intergroup, P.O. Box 152334 San Diego CA 92195

The SAA Telemeeting Intergroup supports all of the telemeetings by maintaining the www.saatalk.info website, scheduling our meetings with the teleconference provider and in many other ways. Their costs are minimal and all excess funds go to the ISO.

Face to face groups around the world give out chips to celebrate significant milestones of sobriety. This is not possible in our telemeeting, but we would still like to celebrate these milestones of recovery by acknowledging those who are celebrating. We have chosen to celebrate increments of 1 month, 2 months, 3 months, 6 months, 9 months and annual birthdays. Is there anyone here celebrating one of these milestones? (Pause)

As S.A.A. members the most important symbol of our willingness is a desire chip. A desire chip signifies our desire to stop our addictive sexual behaviors for good and for all, though we stay sober just one day at a time. And even though it is not possible to hand these out in our telemeeting, we would still like to acknowledge anyone who wants to commit to our way of living. Is there anyone here that would like to begin their journey to sobriety tonight?

Our group conscience believes that the best place to check-in or get current is with a sponsor. After all, this is where real recovery takes place: in working the Steps with a sponsor. If your sponsor is unavailable and you need a temporary sponsor, if you don't have a sponsor or if you are looking to change sponsors, we believe we can help. Will those of you who have taken these steps by the directions in the Big Book and had a spiritual awakening please announce your names and phone numbers so that those looking for help will know whom they can call? (PAUSE to allow members to introduce themselves.)

We would also like to give newcomers an opportunity to share their contact information. If you are new to SAA, new to this meeting, or new to this approach using the Big Book of Alcoholics Anonymous for recovery from sex addiction, and you would like to share your name and phone number so that recovered sex addicts may reach out to you to share experience, strength, and hope, you may do so at this time. (PAUSE to allow newcomers to introduce themselves.)

Are there any S.A.A. related announcements? (Pause)

Are any prayer requests? (Pause)

Closing Prayer

Now let's have a moment of silence for these and the addict who still suffers followed by the Lord's Prayer or a prayer of your own choosing said in silence.

[Read the following to close the meeting, except the last meeting of the month. At that time, skip and go directly to the Group Conscience meeting.]

Now it's time for fellowship. I would like to remind everyone that this is an open call. We have no way of knowing who all is on the line. Please bear that in mind when you give out personal information. At this time, we would like to invite newcomers to ask any questions or share any comments you might have. Helping newcomers is the most important part of the meeting.

[Note to Trusted Servant: Red italics indicate instructions for Group Conscience to be read by the Trusted Servant.]

Group Conscience

It is now time for the Group Conscience meeting which will be followed by fellowship. If you are new, please stick around, we would love to talk to you.

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(Note to Trusted Servant: please review Robert's Rules on last page of this document for help with procedures.)

AGENDA

Welcome to the Group Conscience Meeting. My name is _____ and I'm a sex addict and I'll be your trusted servant for this meeting.

Would someone please prepare to read the short form of the 12 Traditions of SAA as I paraphrase from the opening of the Traditions from Alcoholics Anonymous Appendix 1?

"To those now in its fold, Sex Addicts Anonymous has made the difference between misery and sobriety, and often the difference between life and death. SAA can of course mean just as much to uncounted sex addicts not yet reached. Therefore, no society of men and women ever had a more urgent need for continuous effectiveness and permanent unity. We sex addicts see that we must work together and hang together, else most of us will finally die alone. The Twelve Traditions of Alcoholics Anonymous are, we SAAs believe, the best answers that our experience has yet given to those ever-urgent questions, 'How can SAA best stay whole and survive?'"

Would someone please read The Twelve Traditions, from page 77 of the book Sex Addicts Anonymous ("Green Book") - *Conference Approved version May 2016.*

This can be found on page six of this document as well, immediately after the brief version of Roberts Rules.)

Does this group have a Secretary?

If No -or- if the permanent secretary *is not present, say:*

Would someone please volunteer to keep the minutes of the meeting and return to next month's GC to read the minutes?

If we do have a secretary OR *a volunteer from the last Group Conscience, say:*

Would the Secretary please read the minutes from last month's group conscience meeting?

1. **Select Trusted Servants**

In keeping with our traditions, this group rotates service positions.

- We need a **Trusted Servant to lead the Big Book study** section of the meeting for the next month. Suggested guidelines for this service are completion of the 12 steps in SAA using the Big Book and is currently sponsoring someone by taking them through the SAA twelve steps using the Big Book. Suggested sobriety is 90 days. Who would like to volunteer?

[After new study leader is chosen, please ask the new study leader this question]

"*new study leader*, are you familiar with this Group's vote to not read the comments from the Study Guide during the Q&A portion of the Study, but that if the study leader wishes, he/she may read them during the comments portion of the study?"

[Note: Passed in GC February, 2019]

- We need a **Trusted Servant to open and close the meeting** for the next month. Suggested guidelines for this service position are to have worked the steps with a sponsor using the Big Book for sex addiction (Currently on Step 12). Who would like to volunteer? (This position may be taken by the same person who leads the Big Book study if another volunteer is not available, although rotating and shared service is preferred if possible). You can find the opening and closing online at saatalk.info at http://tiny.cc/saappTalkSundayPM

*[Note: the following TWO Trusted Servants are selected **in February only**]*

- We need a **Trusted Servant to serve as Secretary.** There are no suggested guidelines for Secretary. Anyone willing to keep the minutes and read the minutes at each month's Group Conscience meeting may serve as Secretary. Who would like to volunteer?
- We need a **Trusted Servant to serve as Intergroup Rep.**
  Qualifications for Intergroup Rep *(whether volunteer or permanent)*

This group is a member of the Telemeeting Intergroup. Our Intergroup representative is elected to serve until the last meeting in February. Suggested qualifications for an Intergroup representative are as follows from p. 51 of the Group Guide:

1. At least one year experience in the SAA program.
2. At least six months of current continuous sexual sobriety.
3. Experience in service work at the local level.
4. Endorsement of their home group - affirming that the individual has the serenity and wisdom in the program to serve at the Intergroup level. These will be read prior to selecting the intergroup representative at the February group conscience.

Who would like to volunteer?

***Instructions for a** new Intergroup **Rep** (volunteer or permanent)*

Please contact the outgoing Intergroup Rep or Intergroup Reps serving in other SAAPP tele-meetings to find out how to register as Rep for the saatalk.info intergroup meetings.

2. Intergroup Rep Report (if available)

Does this group have an Intergroup Rep?

If No, say:

Would someone please volunteer to be our Intergroup Rep at this month's Intergroup meeting and return next month to give Intergroup Report?

If the group has an Intergroup representative and if the Rep is present, introduce and ask:

Our current Intergroup representative is ___. May we hear the Intergroup report for this month?

3. Old and New Business

a. In keeping with our traditions, do we have any OLD Business to discuss?

(Note to chairperson: Is there a need to confirm a volunteer Secretary or volunteer Intergroup Rep who wants to serve permanently until the next elections in February?)

b. Do we have any NEW Business to discuss?

(Note: Should a change in the meeting format occur as a result of Old or New Business, ask the Intergroup Representative to update the format to the meeting listing posted on saatalk.info.)

4. Close the Group Conscience

Please help me close this meeting with the Serenity Prayer.

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Fellowship

Now it's time for fellowship. I would like to remind everyone that this is an open call. We have no way of knowing who all is on the line. Please bear that in mind when you give out personal information. At this time, we would like to invite newcomers to ask any questions or share any comments you might have. Helping newcomers is the most important part of the meeting.

— For Reference Only —

Robert's Rules – Very short version

- Any present member may propose a motion.
- Any other present member may second the motion.
- Motions are made and seconded, then discussed.
- All present may speak to the issue during discussion.
- All present who wish to speak must be heard.
- When the vote is called (i.e. How to vote):
  - All in favor state name and say "Aye". *[pause]*
  - All opposed state name and say "Nay".
- After a vote, the members voting in minority may speak to try to convince the majority to reconsider the motion.
- A motion to reconsider can be called only by someone who voted in the majority (no second required). If the original minority loses a second time the vote stands.

The 12 Traditions of Sex Addicts Anonymous

1 - Our common welfare should come first; personal recovery depends upon SAA unity.

2 - For our group purpose there is but one ultimate authority — a loving God as expressed in our group conscience. Our leaders are but trusted servants; they do not govern.

3 - The only requirement for SAA membership is a desire to stop addictive sexual behavior.

4 - Each group should be autonomous except in matters affecting other groups or SAA as a whole.

5 - Each group has but one primary purpose — to carry its message to the sex addict who still suffers.

6 - An SAA group ought never endorse, finance, or lend the SAA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

7 - Every SAA group ought to be fully self-supporting, declining outside contributions.

8 - Sex Addicts Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

9 - SAA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

10 - Sex Addicts Anonymous has no opinion on outside issues; hence the SAA name ought never be drawn into public controversy.

11 - Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV, and films.

12 - Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.