

Women Practicing These Principles Telemeeting

Friday 1 pm EST

Script updated October 2023

Hello and welcome! This is a closed telemeeting of Sex Addicts Anonymous for women 18 years of age or older. If you have a desire to stop your addictive sexual behavior you are in the right place. My name is _____ I am a sex addict and your trusted servant for this meeting.

May we have a moment of silence for the addict in and out of these rooms who still suffers followed by the **Serenity Prayer**:

“God, grant me the serenity
to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.”

Who would like to read the **Introduction** on pages 1 and 2 of the SAA Green Book?

Would someone please read **Our Program**, pages 20-22 in the SAA Green Book?

Who would like to read the **Twelve Traditions**, page 77 from the SAA Green Book?

Is there anyone at this meeting for the first time? If so, please state your first name and where you are from so that we may welcome you. Welcome!

Now is the time that we celebrate **milestones** in sobriety. Does anyone have 30 days? 60 days? 90 days? 6 months? 9 months? 1 year? 18 months? Multiples of years? How about 24 hours?

Now let's go around for **introductions**. It is the custom of this group for members to share their first name only, where you are from, how you are feeling, two to three of your outer circle behaviors, and your current length of sobriety.

My name is _____, I'm a sex addict from _____, I feel _____, and my 2 to 3 outer circle behaviors are _____ and I have _____ days/months/years of sobriety.

In regards to literature: The Green Book and other SAA literature can be obtained from the ISO of SAA, P.O. Box 70949, Houston, TX USA 77270 or by phone: [800-477-8191](tel:800-477-8191) or via the internet: www.saa-recovery.org.

Regarding sponsorship: We, as a group, believe that completing step work with a sponsor is an integral part of gaining and maintaining sexual sobriety. If you do not have a sponsor, or have questions about what a sponsor is, please talk to someone after the meeting.

Regarding phone numbers: The phone can be an important tool during recovery. Everyone is encouraged to get phone numbers of individuals whose shares they relate to, to use as part of a support system. Please be sensitive when using the phone and understand that sharing your phone number is completely voluntary.

This is a **Step/Tradition/Topic** meeting. We read a selection of 1-2 paragraphs up to a page from the following sources:

The **first** week of the month we read a selection from a step from the SAA Green Book according to the month.

The **second** week of the month is a topic meeting. Anyone may suggest a topic from SAA literature.

The **third** week of the month we read a selection from a tradition from the SAA Green Book according to the month.

The **fourth** week of the month is a topic meeting. Anyone may suggest a topic from SAA literature.

The **fifth** week of the month is also a topic meeting. Anyone may suggest a topic from SAA literature.

Now we will read from _____ on page _____. I will begin reading, and then pass to give others a chance to read.

Now the meeting is open for discussion. You may comment on the solution as it was presented in the reading, or you may get current.

In this meeting we use “I” or “we” instead of “you” when sharing about our recovery. We address our sharing to the whole group, not one or more individuals. We try not to use offensive language or descriptions that are too explicit. We avoid mentioning specific names or places associated with our acting out, including websites. Our focus remains on the solution rather than the problem.

Who would like to begin?

(For Trusted Servant—if you do need to interrupt someone’s share, try to be gentle by saying something such as “I’m sorry to interrupt, but this is a gentle reminder that in this meeting we only share about the solution as it is presented in the reading.”)

(For trusted servant—generally about 15 minutes before the top of the hour, say “It’s now time to close the meeting”).

Now it’s time for the **7th Tradition** which states that every SAA group ought to be fully self-supporting declining outside contributions. We have no dues or fees, but our Intergroup and the ISO do have expenses. Contributions can be made to the Telemeeting Intergroup at www.saatalk.info and the ISO at www.saa-recovery.org.

It is the group conscience of this meeting that you help us all feel safe. We are a closed, women’s-only telemeeting of SAA. In order to access this meeting new members are required to speak to one of our meeting contacts. Our meeting contact information can be found at www.saa-recovery.org. Please do not give out this phone number and pass code to anyone.

Our **group conscience meeting** is held on the last Friday of the month after the regular meeting. *(Trusted Servant: Last Friday of the month, announce group conscience meeting and that it will start immediately after we exchange phone numbers.)*

Are there any **SAA-related announcements**? *(Trusted servant: please pause here to allow an opportunity to share. Then announce the following.)*

Would someone please read the last paragraph of **Keep Coming Back** on page 98 in the SAA Green Book?

(Note to trusted servant - if you don't want to read the eleventh step prayer yourself, feel free to ask if another member would like to read it. It can be found on page 99 in the AA 12 & 12.)

In closing, please mute your phone and join us in silent meditation as I read **THE ELEVENTH STEP PRAYER.**"

God, make me a channel of your peace,

That where there is hatred, I may bring love,

That where there is wrong, I may bring the spirit of forgiveness,

That where there is discord, I may bring harmony,

That where there is error, I may bring truth,

That where there is doubt, I may bring faith,

That where there is despair, I may bring hope,

That where there are shadows, I may bring light,

That where there is sadness, I may bring joy.

God, grant that I may seek rather to comfort than to be comforted,

To understand, than to be understood,

To love, than to be loved.

For it is by self-forgetting that one finds.

It is by forgiving that one is forgiven.

It is by dying that one awakens to Eternal Life.

Amen

KEEP COMING BACK!

"It is now time to exchange **phone numbers**. My name is _____ and my number is _____. (*time zone, public/private, sponsor?*)"

The phone line is now open for Fellowship. Please state your name before your share and say "I pass" after, so that we may thank you. As we go into fellowship, just a gentle reminder that although Fellowship is not a meeting as such, it is still suggested that we follow the principles set forth in the traditions during this time. This is the perfect opportunity for newcomers to ask questions.

GROUP CONSCIENCE MEETING AGENDA

Welcome to the Women Practicing These Principles group conscience meeting. My name is _____ and I'm a sex addict and your trusted servant for this meeting.

Would someone please read the Tradition of the Month and the 12th Tradition, which can be found on page 77 of the SAA Green Book?

As stated in Tradition 2 in the SAA Green Book, group conscience is not the same as unanimity, consensus, majority vote, or compromise. Rather than expressing the will of the group, it is the will of our Higher Power as it may be expressed through the group. By practicing the principle of surrender, we can trust that God's guidance, as it may be expressed in our group conscience, will take us right where we need to be.

First item of business: We are in need of a trusted servant for the coming month, 30 days sobriety suggested. Is there a volunteer?

In keeping with our traditions, do we have any **old business** to discuss? (*Trusted servant: Be sure to pause to allow people time to speak up.*)

Do we have any **new business** to discuss? (*Trusted servant: Be sure to pause to allow people time to speak up.*)

This meeting has two long term service positions-changes. (*Note: Trusted Servant: You do not need to read each position and its description below unless it is up for election this month*)

Long-Term Positions:

Two meeting contacts: The fellow sisters for this position retain it for one year from Convention in May to the following year's convention. 1 year sobriety and completion of at least the 9th step is needed for this service position

Elected in **May**

Intergroup Representative: The fellow sister for this position retains it for 6 months. The suggested qualifications for an Intergroup representative are as follows: At least one year experience in the program and six months of continuous sexual sobriety. It is recommended that the representative be present at each Intergroup meeting or that a substitute be sent if the regular representative can't make a particular meeting. It is recommended that the representative take notes at the meetings and share that information with the group during our monthly group conscious meeting. The representative is responsible for informing the intergroup about her group's feelings about current issues. The Intergroup representative is encouraged to bring group problems to the intergroup, accessing the wisdom and experience of a larger recovery community. It is suggested that the representative keep copies of the minutes from Intergroup.

Elected in **May** for (June - November)

Elected in **Nov** for (December - May)

Do we have any **other new business**? (Trusted servant: Be sure to pause to allow people time to speak up.)

Please help me close this meeting with the Serenity Prayer.

The phone line is now open for fellowship. Please state your name before your share and say "I pass" after, so that we may thank you. As we go into fellowship, just a gentle reminder that although Fellowship is not a meeting as such, it is still suggested that we follow the principles set forth in the traditions during this time. This is the perfect opportunity for newcomers to ask questions.