

## **SAA group inventory example #1**

Before we meet take time to reflect on your group's strengths and weaknesses in each of the following areas. Come prepared to share your experience on how our group is doing in these vital areas.

### **Staying Rooted in the Twelve Steps**

- Are the Steps being emphasized as a pathway to recovery?
- Are we emphasizing working the steps with a sponsor?
- Does the group give adequate time for First Step presentations?
- Knowledge of, adherence to, and fidelity to the Twelve Traditions.
- Is the group providing members an opportunity to review, discuss, and study the Twelve Traditions at regular intervals?
- Is the group adhering to the decisions made in the group conscience?
- Are we receiving adequate financial support for our group and providing financial support to our fellowship according to our group conscience decisions? (e.g. donating to the local intergroup, area, and the ISO)
- Are we being careful to avoid affiliation with or endorsement of, actual or implied, outside entities or programs?
- Are we careful to keep "outside issues" out of our SAA meeting?
- Are service positions being rotated?
- Are we placing principles before personalities in our group?
- Are we being mindful of personal and spiritual anonymity?
- Are we using attraction rather than promotion? Does the group understand the difference between attraction and promotion?

### **Newcomers**

- Are newcomer calls (twelfth-step calls) being answered in a timely fashion?
- Is attention being given to the needs of the newcomer?

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- Are there enough sponsors in the group to meet the demand of newcomers coming into our group? If not what else can we do?
- Are we trying to carry the message to the newcomer like our Twelfth Step suggests or are we waiting for them to come to us?
- Are newcomers sticking around? Do we seem to have an excessive turnover? Is our meeting as attractive as it could be? What could make it more attractive to a potential new member?
- Primary purpose: *Each group has but one primary purpose—to carry its message to the sex addict who still suffers* (Tradition Five).
- Is the group looking for opportunities to try to carry our message to other sex addicts outside of the SAA meeting?
- How is outreach being addressed by the group?

### **Tools of the Program**

- How are these tools being used by the group?
- Sponsorship—Is sponsorship emphasized and celebrated? Is it clear to the new person who is willing to sponsor?
- Literature—Do we emphasize using SAA literature? Do the members come to the meeting with the literature our group conscience has decided to use? Is SAA literature accessible to new members?
- Service—Does the group offer many ways to be of service? Is there a simple way to sign up to commit to be of service? Do we provide a way for new members to be of service?
- Phone list—Is it up to date and accurate? Does it show the new person who is available/willing to be a sponsor? Are members getting the newcomers phone number and calling them to see if they want help recovering from sex addiction or answer any questions they might have?
- Medallions/Chips—Do we consistently have the appropriate medallions to hand out when needed?
- Meetings— Write in suggestions for improvement.
- Topic or step presentations—Is the group providing opportunity for members to share their stories or present a step to the group?

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- Membership attendance—Is the fellowship growing as a result of the group effort to carry the message?
- Format—Is the current format sufficient to meet the needs of the group?
- Other areas—Where we are doing well or need improvement?
- Group's sexual sobriety—Is it obvious to the newcomer that SAA and this group provides a solution for sex addiction via the Twelve Steps?
- Fellowship outside of meetings—Are opportunities for continued/additional fellowship provided to all members before or after meetings? Are members participating in this additional recovery opportunity?
- Welcoming newcomers—Is the meeting attractive and safe for all new members that come to us for help? Are newcomers coming back?

### **Other**

This inventory form may be copied as needed by SAA groups. The group can add to or take away from it as necessary. All members are encouraged to participate and attend discussions after the group completes this process.