

GOD

POWER GREATER THAN OURSELVES

SELFISHNESS	SELF CENTEREDNESS	RESENTMENT	HARMS	FEAR	DISHONESTY	ANGER
	SHAME	PRIDE	DEFENSIVENESS	BLAMING	EGO	INADEQUACY

A THREE-PART PROGRESSIVE DISEASE

PROBLEM OF THE BODY

SPIRITUAL MALADY

PROBLEM OF THE MIND

SEEK AN EFFECT

1ST BEHAVIOR

PHYSICAL CRAVING/ALLERGY

BINGE /SPREE

CONSEQUENCES

PLAN NEW WAYS OF CONTROL

PROGRESSION

ROCK BOTTOM

SWEAR OFF- I'M DONE

LAGK
OF
POWER

I'M GONNA CHANGE- SO HERE'S HOW

LIFE COMES AT US

RESTLESS, IRRITABLE, DISCONTENT

MENTAL BLANK SPOT

MENTAL OBSESSION

PLAN/RATIONALIZE/JUSTIFY

OPPORTUNITY

UNMANAGEABLE DECISION

WILL I OR WON'T I?

CAN YOU IDENTIFY WITH THE INABILITY
TO CONTROL HOW MUCH YOU USE?

BAD NEWS: I'M SCREWED

QUESTION: DO YOU REALLY WANT TO STOP?

DEATH
OR
INSANITY

CAN YOU IDENTIFY WITH THE INABILITY
TO STAY SOBER ON YOUR OWN POWER?

GOOD NEWS: IT IS OF MY OWN MAKING

WE CAN SHOW YOU HOW WE GOT WELL

LOSS OF CONTROL WHEN USING

LOSS OF CHOICE WHEN ABSTINENT