

SAA Tuesday Talking About Recovery Script

<p>LOG ON</p> <p>The call in number is: (605) 475-6333</p> <p>The Passcode for normal login is: 134679#</p> <p>Moderator code: *****</p> <p><i>The Script and Meeting Readings are available via SAATalk.info> Imminent Meetings> Talking About Recovery</i></p>	<p>To log onto the system as the organizer, you will need the passcode. Once logged in as the organizer, you can control the mute function of the meeting.</p> <p>*# = identification of the number of people on the call.</p> <p>If you need to mute the phone line during the meeting because of background noise, press *7. Participants will be able to unmute themselves by pressing *6. If you press *7 a second time, the call goes into 'presentation mode' where the room is muted and no one but the organizer can be heard. Pressing *7 a third time clears the mute function entirely so everyone can be heard. (So if you need to clear the line a second time during the same call, you'll have to press *7 three more times to get back to the proper mode where people have to press *6 to unmute themselves).</p> <p>NOTE: We have a goal to begin and end the meeting on time.</p> <p>Please see separate documentation to support the call, including "Moderator Tips" and "Primary Sources" of Readings, etc.</p>
<p>ASSIGN READINGS</p>	<p>Before the meeting, ask for volunteers to help with Service:</p> <ul style="list-style-type: none"> ● Opening ● How It Works ● 12 Steps ● Abstinence Statement ● Timekeeper ● Promises
<p>INTRODUCTION</p>	<p>Welcome to the SAA Tuesday, "Talking About Recovery" Telemeeting of Sex Addicts Anonymous. This is a 1-hour meeting followed by the opportunity for Fellowship. Tonight's topic is (see Weekly Format) with the opportunity to get-current.</p> <p>My name is _____. I am a Sex Addict from _____ and your moderator for tonight's meeting.</p> <p>This is a closed meeting, open to all those who have a desire to stop their addictive sexual behaviors. There is no other requirement.</p>
<p>SERENITY PRAYER</p>	<p>Let's begin the meeting with a moment of silence for those who are still suffering followed by the serenity prayer. (All together)</p> <p style="text-align: center;">"God, grant me the <i>serenity</i> To accept the things I cannot change, The <i>courage</i> to change the things I can, And the <i>wisdom</i> to know the difference."</p>
<p>MUTING</p>	<p>To help reduce line noise, please press *6 (star 6) to mute your phone when you are not sharing and press *6 again to unmute -- or use your phone's mute function.</p>

OPENING	(Name) _____,
HOW IT WORKS	(Name) _____ <i>(remind Reader of two parts – with 12 steps in middle)</i>
12 STEPS	(Name) _____,
ABSTINENCE STATEMENT	(Name) _____,
NEWCOMERS	We want to extend a special welcome to anyone here for their first meeting. We acknowledge the courage it takes to come to your first SAA meeting. You are welcome here and please keep coming back.
GENERAL INTRODUCTIONS	<p>It is now time for general introductions. Please indicate your first name and the location you are calling from.</p> <p>If you choose, you can also share a sobriety birthday. Sobriety is defined as time away from your inner circle behaviors. Feel free to update us with any sobriety achievements that you are celebrating tonight or over this past week with your introduction.</p> <p><i>(To organize introductions, consider using a geographical approach, i.e. Start on the West Coast and move east, alphabetical groupings, etc.)</i></p>
READING <i>(Only on Week 5 if there is a 5th week)</i>	We will now read today's entry from <i>Answers in The Heart</i> and/or <i>Voices in Recovery</i> . Do we have a volunteer who is willing to do this reading?
WEEKLY FORMAT	<p>Each week, based on group conscience, we follow a different format.</p> <p>There will be a group conscience meeting on the last Tuesday of each month.</p> <p>A short discussion to see how the group is functioning and receive feedback.</p> <p>We are always looking for speakers and 1st Step presentations; if you or someone you know are able to provide this service, please identify this ASAP.</p> <p>This is week ___ of the month and this week's focus is...</p> <p>Week 1 - Topic Discussion</p> <p>Week 2 - Step Study Meeting</p> <p>Week 3 – Speaker or 1st Step Presentation - up to 20 minutes</p> <p>Week 4 - Tools of Recovery/Readings about tools</p> <p>Week 5 - Moderator choice (Reading from <i>Answers in the Heart</i> and/or <i>Voices of Recovery</i>)</p> <p><i>For Week 1 topic discussion ask the group for 2-3 topics. Week 2 step study will come from the Green Book. If there is no prearranged speaker for Week 3, pick a reading of your choosing from SAA recovery literature. For Week 4 tools study, pick about 3 tools from the corresponding booklet.</i></p>
	If anyone has joined the meeting during the readings, please identify yourself by name and geographic location only.

<p>OPEN SHARING</p>	<ul style="list-style-type: none"> • The meeting is open for check-in and sharing. Please avoid mentioning the name of a specific book, movie, treatment center, website or the like in your share. It is ok, however, to talk about your experiences with these items. Feel free to share more specific information after the serenity prayer when fellowship begins. • To make this a safe experience for all, we avoid crosstalk, which is responding directly to someone else’s share. We also do not give advice. We share our own experience, strength and hope. As a trusted servant for all SAA members, the moderator is the only one who can interrupt the meeting. • Remember that it is best to speak in “I” statements, as opposed to “you” statements. • Please be mindful of the amount of time you share so that all who care to will have a chance. Try to keep your shares to 3 minutes or less. (As a gentle reminder, please mute your phone by pressing star-six. When you are ready to share, press star-six again to unmute.) <p>Is there a volunteer to be the spiritual timekeeper? _____</p> <p>Reminder to the timekeeper: please announce the 3 minute mark so that people may wrap up their share.</p> <p>Who would like to begin?</p>
<p>At 7 minutes to the hour, please announce.</p>	<p>That’s all the time we have. If you didn’t have a chance to share, please stick around for fellowship where you’ll have a chance to ask questions, share, make comments or exchange contact info.</p>
<p>ANONYMITY STATEMENT</p>	<p>As a gentle reminder for all of us, anonymity is the spiritual foundation of all our traditions. What you heard was spoken in confidence and should be treated as confidential. Please keep the things you heard here in the confines of your mind. Carry no gossip and always remember to place principles before personalities.</p>
<p>SEVENTH TRADITION</p>	<p>12-step meetings around the world pass a basket to receive donations that are used to support recovery. Because this activity is not possible in our telemeeting, please consider making a donation to the telemeeting intergroup, which has set up the ability to collect 7th Tradition funds. To make a donation to the telemeeting intergroup, please visit the Intergroup website saatalk.info, where you can make a donation electronically or obtain the address where checks can be sent.</p> <p>Additionally, one can donate by texting SAA to 91999. A secure link is texted back and donations can be made as little as \$1.00 by credit or debit card.</p>
<p>MODERATORS</p>	<p>We are always looking for moderators to help chair this meeting – commitment is much appreciated and we are actively looking for volunteers.</p> <p>Being of service is a great way to help your fellows – and yourself.</p> <p>If you are interested, please contact Justin A. at 636-358-3502.</p> <p>You can also email tuesdaytalksaa@gmail.com in order to get on the schedule.</p>
<p>SPONSORSHIP</p>	<p>For those of you who are looking for a sponsor or who want to provide sponsorship, please stay on the line for fellowship to share contact information.</p>

<p>ANNOUNCEMENTS</p>	<ul style="list-style-type: none"> • The SAA ISO website is a great resource for obtaining a list of all registered meetings, downloading the Outer Circle newsletter, and other recovery resources. The website is: saa-recovery.org • For those attending telemeetings, you are encouraged to go to saatalk.info and click on the meeting you plan to attend. There you can download the meeting guide and readings for most meetings. As well as see listed contact information. <p>Are there any other SAA related announcements?</p>
<p>THE OTTAWA PROMISES</p>	<ul style="list-style-type: none"> • Our Promises have been inspired by our own experiences of recovery and by messages of hope from our fellowship. I would like to ask <u>(Name)</u> to read them, please.
<p>SERENITY PRAYER</p>	<p>Thank you to everyone for being part of this meeting and allowing me to be of service. Thank you to all those who read and shared. You are the fellowship that makes these meetings a vital part of our recovery.</p> <p>Let us close the meeting by saying the “we” version of the serenity prayer. Let’s begin with a moment of silence - All together -</p> <p style="text-align: center;">"God, grant US the <i>serenity</i> To accept the things WE cannot change, The <i>courage</i> to change the things WE can, And the <i>wisdom</i> to know the difference."</p>
<p>FELLOWSHIP</p>	<p>You are welcome to stay around for fellowship. You are also welcome to leave at any time.</p> <p>Now is a good time to ask questions and make comments. This is also an opportunity to share phone numbers for outreach calls. Are there any questions, comments, phone numbers or other shares?</p>