



## Taking Action Group of SAA McKinney TX

1615 W. Louisiana Pkwy  
(Behind First Baptist Church-Portable Bldg #2)  
Sat 8:30-9:30a  
Thurs 6:30-7:30p  
(open/men)

Other McKinney SAA Groups:

### Restoring Hope Group

250 Adriatic Pkwy #105, McKinney  
Tuesday 6:30-7:30p, conference room  
(open/mixed)

Call or text today

**469-630-1935**

takingactiongroupmckinney@gmail.com

www.dfwsaa.com

© 2017 TAG McKinney

**Why do people sponsor?** Our 12th Step answers this question. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to other sex addicts and to practice these principles in all our lives. We work the steps with a sponsor so that we can help another sex addict. There are many still suffering that need this message. It takes a recovered sex addict to help a still suffering sex addict.

**Our Primary Purpose-** Our 5<sup>th</sup> Tradition tells us what our purpose is. "Each group has but one primary purpose- to carry its message to the sex addict who still suffers". We are here to help.

---

*"Practical experience shows that nothing will so much insure immunity from acting out as intensive work with other sex addicts" BB p89*

---

**Does a sponsor need a certain amount of time sober?** We have found that quality of sobriety is far more important than quantity. In our experience we have seen that someone who has found our way of life, has been lit afire with the spirituality of our program and just a few weeks sober, has more to offer the newcomer than someone with years of abstinence and is not realizing any of the program promises.



## Getting A Sponsor

## TAKING ACTION GROUP 12 STEP SPONSORSHIP

*"We have recovered and been given the power to help others." BB pg132*



## What is a Sponsor?

A sponsor is a sober member of the SAA fellowship who can show others how they worked the 12 Steps. A sponsor is someone that has worked the 12 Steps, with a sponsor themselves, and has the time and willingness to work with other sex addicts so they might receive the benefits of a spiritual awakening as the result of the Steps.

**Why do I need a sponsor?** Because you don't know how to recover on your own. A sponsor will show you what to do to recover from a seemingly hopeless state of mind and body. While in school, students are given a book and a teacher. In our 12 Step meeting, this is referred to as the Big Book of Alcoholics Anonymous (yes it works for sex addiction also) and a sponsor.

**When should I get a sponsor?** As soon as possible. Within days of realizing you might be a sex addict. Make finding a sponsor your top priority. When you meet with a potential sponsor they will be able to give you the tools for self-diagnosis as a sex addict. They will share enough about their personal story for you to understand that they once suffered from untreated sex addiction but have now found a solution so they are no longer suffering. They are sober and happy about it! Ask them to show you what they did!

## How do I get a sponsor?

Simple! At the TAG meeting the available sponsors will be called to stand up during part of the closing reading. You can approach a member after the meeting and ask them if they are available to sponsor. There may be some sponsors who aren't at the meeting on the day you are there. Those that are sponsoring are also listed on the meeting contact list. Most of us found sponsors in meetings.

**What if they say no?** Don't worry about that it just means they are currently filled up with other new members. Don't take it personally. Ask them to help you find a sponsor that might be available. There are many in McKinney willing and able to help you.

## What are some qualities I should look for in a Sponsor?

A spiritual awakening is what you are looking for in a sponsor and has several indicators. First and foremost of these is removal of our obsession. We are no longer preoccupied with acting out, neither are we obsessed with managing our lives so that we won't be tempted. More than this, we are happy in our abstinence. We feel as though our lives have been given a great purpose. We feel useful again. We have experienced an inner peace. It sticks with us even in the midst of the trials and tragedies that life inevitably brings. We find that we now want to help and serve others and the group instead of serving ourselves. But above everything, we are continually seeking spiritual growth by improving upon our practice of principles contained in the Twelve Steps and Twelve Traditions. Your potential sponsor will be doing this continued work with their sponsor.



## What to expect from a sponsor

In the McKinney Taking Action Group, just like in SAA as a whole, there are a variety of personalities. With these various qualities come different styles of sponsorship. This is a good thing. It takes all of us working together carrying the SAA 12 Step message to effectively reach the still suffering sex addict. Your sponsor's job is to present the 12 Step program in the same manner that it was presented to them. A sponsor is only qualified to show you what they did to recover. In a 12 Step fellowship that means walking along side of you as you work all 12 Steps. Even though sponsors have different personal qualities they all have one thing in common. They have found the common solution called a spiritual awakening via the 12 Step process. Their role is to lay out the kit of spiritual tools at your feet. It's your job to pick them up and use them. The sponsors you meet at TAG will guide you through all 12 Steps using the Big Book of AA in a few short weeks. Your sponsor will expect you to do the work that is described in the first 164 pages of that book. After all it is within those pages that the program of action is described with precise, specific, clear-cut directions. A sponsor will also teach you about the 12 Traditions of SAA. If you do what they did you can expect to get what they got!