

Welcome to the Midday Big Book Study Zoom Meeting. This is an Open Meeting of SAA. May we take a moment of silence to invite God into our meeting? We'll follow that with the Serenity Prayer. [Lead Serenity Prayer] **“God. Grant me the serenity....”**

In order to help keep the lines clear, we ask that you mute your microphone when you are not speaking. Un-mute when you want to speak; remember to mute again after speaking.

To paraphrase the foreword of the First Edition of the Big Book:

WE OF Sex Addicts Anonymous are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other sex addicts precisely how we have recovered is the main purpose of this book. For them we hope these pages will prove so convincing that no further authentication will be necessary. We think this account of our experiences will help everyone better understand the sex addict. Many do not comprehend that the sex addict is a very sick person. And besides, we are sure that our way of living has its advantages for all.

Hello, everyone. My name is _____ and I am a sex addict. I'll be the facilitator for this meeting.

Our Group Conscience has elected to use the Big Book of A.A. as its basic text for recovery from sex addiction. And we use this Question/Answer format which asks questions for almost every sentence in the Big Book. _____ from _____ is our study leader. He/she will read a question and call upon someone. The answer to the question is simply to read the next sentence from the Big Book. After each paragraph, we pause for comments on what we can learn from the paragraph or related paragraphs from other parts of the Book. In a Study Meeting, we ask everyone to focus their comments on what we can learn from the Book itself about the “principles of recovery” or “clear cut directions” or “guides to progress” and to avoid referring to other literature and/or to uniquely personal experiences or histories which may differ from the text. To this end also, please feel free, *like the founders of SAA*, to substitute words like “selfish sex” or “acting out” wherever we see the words like “alcohol” or “drinking” in the text.

If you are new to this meeting or this kind of book study, we want you to know you are welcome here. There will be a period of fellowship right after the meeting where we do share our experiences and histories. This is a great time to get to know one another. If you have questions or wish to discuss problems or solutions, please stick around for the fellowship.

Now I would like to turn the meeting over to our study leader [study leader] who will give each person an opportunity to introduce themselves and let us know if they would care to help with the reading.

Hi, this is _____ and I am a sex addict. I'll be your study leader today.

We will be on page _____ in the Big Book for the study. But, before we begin our study, we are going to review a Tradition. This week's Tradition is _____ and I've asked (*please choose a member who seems knowledgeable of the Traditions*) to read the long form of the Tradition followed by the short form and to offer some comments.

Note to study leader: (If newcomers come in late, or if comments go off track, reread this statement just before inviting any comments)

Just a reminder about our format: This is a Study Meeting. In Study Meetings, after we read a paragraph, when we open the paragraph for comments, we ask everyone to focus their remarks on what we can learn from the text itself about the “principles of recovery” or “clear cut directions” or “guides to progress” and to avoid referring to other literature or to uniquely personal experiences or histories which may differ from the text. To this end also, please feel free, *like the founders of SAA*, to substitute words like “selfish sex” or “acting out” wherever we see words like “alcohol” or “drinking” in the text.

Closing: Back to Facilitator

Reading from the last few paragraphs on page 164: “Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come if your own house is in order. But you obviously cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.

“Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.

“May God bless you and keep you until then.”

Our 7th Tradition states that every group ought to be fully self supporting declining outside contributions. S.A.A. meetings around the world normally pass the basket at this time to accept the voluntary contributions of its members. Since that is not possible in a zoom meeting, we ask that you make a contribution to the Telemeeting Intergroup. This can be done on-line at www.saatalk.info and click on the "Donate" button. The Telemeeting Intergroup supports all of the telemeetings by maintaining the www.saatalk.info website, scheduling our meetings with the video conference provider and in many other ways. Their costs are minimal and all excess funds go to the ISO.

Face to face groups around the world give out chips to celebrate significant milestones of sobriety. This is not possible in our zoom meeting, but we would still like to celebrate these milestones of recovery by acknowledging those who are celebrating. We have chosen to celebrate increments of 1 month, 2 months, 3 months, 6 months, 9 months and annual birthdays. Is there anyone here celebrating one of these milestones? (Pause)

As S.A.A. members the most important symbol of our willingness is a desire chip. A desire chip signifies our desire to stop our addictive sexual behaviors for good and for all, though we stay sober just one day at a time. Though it is not possible to hand these out in our zoom meeting, we would still like to acknowledge anyone who wants to commit to this way of living. Is there anyone here that would like to begin their journey to sobriety today?

Our group conscience believes that the best place to check-in or get current is with a sponsor. This is where real recovery takes place: in working the Steps with a sponsor. If your sponsor is unavailable or you need a temporary sponsor or you don't have a sponsor or if you are looking to change sponsors, we believe we can help. Will those of you who have taken these steps by the directions in the Big Book and had a spiritual awakening please give your phone number so that those looking for help will know who they can call?

Would anyone else like to give their number for a fellowship call?

Are there any S.A.A. related announcements?

Are there any prayer requests?

Closing Prayer

Now let's have a moment of silence for these and the addict who still suffers followed by the Lord's Prayer or a prayer of your own choosing said in silence. (*Moment of silence.*)

“Our Father which art in Heaven... (etc.)”

[At the last meeting of the month, skip this closing; go to the Group Conscience. See below.]

Now it's time for fellowship. Though we see who is on the call, please remember to be careful about giving out personal information. Do our newcomers have any questions?

[Note to Trusted Servant: Red italics indicate instructions for Group Conscience to be read by the Trusted Servant.]

Group Conscience

It is now time for the Group Conscience meeting which will be followed by fellowship. If you are new, please stick around, we would love to talk to you.

(Note to Trusted Servant: please review Robert's Rules on last page of this document for help with procedures.)

AGENDA

Welcome to the Group Conscience Meeting. My name is _____ and I'm a sex addict and I'll be your trusted servant for this meeting.

Does this group have a Secretary?

If No -or- if the permanent secretary is not present, say:

Would someone please volunteer to keep the minutes of the meeting and return to next month's GC to read the minutes?

If we do have a secretary OR a volunteer from the last Group Conscience, say:

Would the Secretary please read the minutes from last month's group conscience meeting?

1. Select Trusted Servants

In keeping with our traditions, this group rotates service positions.

- We need a **Trusted Servant to lead the Big Book study** section of the meeting for the next month. Suggested guidelines for this service are completion of the 12 steps in SAA using the Big Book and is currently sponsoring someone by taking them through the SAA twelve steps using the Big Book. Suggested sobriety is 90 days. Who would like to volunteer?

- We need a **Trusted Servant to open and close the meeting** for the next month. Suggested guidelines for this service position are to have worked the steps with a sponsor using the Big Book for sex addiction (Currently on Step 12). Who would like to volunteer? (This position may be taken by the same person who leads the Big Book study if another volunteer is not available, although rotating and shared service is preferred if possible). You can find the opening and closing online at saataalk.info.

[https://saataalk.info/us/meetings/meeting?xmeeting\[id\]=210](https://saataalk.info/us/meetings/meeting?xmeeting[id]=210)

[Note: the following TWO Trusted Servants are elected in February only]

- We need a **Trusted Servant to serve as Secretary**. There are no suggested guidelines for Secretary. Anyone willing to keep the minutes and read the minutes at each month's Group Conscience meeting may serve as Secretary. Who would like to volunteer?

- We need a **Trusted Servant to serve as Intergroup Rep.**

Qualifications for Intergroup Rep *(whether volunteer or permanent)*

This group is a member of the Telemeeting Intergroup. Our Intergroup representative is elected to serve until the last meeting in February. Suggested qualifications for an Intergroup representative are as follows from p. 51 of the Group Guide:

1. At least one year experience in the SAA program.
2. At least six months of current continuous sexual sobriety.
3. Experience in service work at the local level.
4. Endorsement of their home group - affirming that the individual has the serenity and wisdom in the program to serve at the Intergroup level. These will be read prior to selecting the intergroup representative at the February group conscience.

Who would like to volunteer?

Instructions for a new Intergroup Rep (volunteer or permanent)

Please contact the outgoing Intergroup Rep or Intergroup Reps serving in other SAAPP tele-meetings to find out how to register as Rep for the saataalk.info intergroup meetings.

2. Intergroup Rep Report (if available)

Does this group have an Intergroup Rep?

If No, say:

Would someone please volunteer to be our Intergroup Rep at this month's Intergroup meeting and return next month to give Intergroup Report?

If the group has an Intergroup representative and if the Rep is present, introduce and ask:

Our current Intergroup representative is _____. May we hear the Intergroup report for this month?

3. Old and New Business

a. In keeping with our traditions, do we have any OLD Business to discuss?

(Note to chairperson: Is there a need to confirm a volunteer Secretary or volunteer Intergroup Rep who wants to serve permanently until the next elections in February?)

b. Do we have any NEW Business to discuss?

(Note: Should a change in the meeting format occur as a result of Old or New Business, ask the Intergroup Representative to update the format to the meeting listing posted on saataalk.info.)

4. Close the Group Conscience

Please help me close this meeting with the Serenity Prayer.

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

Fellowship

Now it's time for fellowship. Though we see who is on the call, please remember to be careful about giving out personal information. Do our newcomers have any questions?

— For Reference Only —

Robert's Rules – Very short version

- Any present member may propose a motion.
- Any other present member may second the motion.
- Motions are made and seconded, then discussed.
- All present may speak to the issue during discussion.
- All present who wish to speak must be heard.
- When the vote is called (i.e. How to vote):
 - All in favor state name and say "Aye". *[pause]*
 - All opposed state name and say "Nay".
- After a vote, the members voting in minority may speak to try to convince the majority to reconsider the motion.
- A motion to reconsider can be called only by someone who voted in the majority (no second required). If the original minority loses a second time the vote stands.