

Announcements for ISA Telemeetings

“Intimacy avoidant” and/or “sexual avoidant” Step Study

Do you struggle with intimacy, vulnerability, being transparent, relapsing, or making outreach calls? Consider using this as a tool in your recovery process.

Whether you're a new member to SAA, a long-timer, if you have a sponsor or not, or you've already worked the Steps a time or two in the past, or maybe you're a sponsor available for support - we are inviting 25 to 30 people (of any gender), to participate in this is a “one year commitment.” This will be a 90-minute ZOOM meeting once a week... where we break into '5 to 6 person workshops' together working one-Step-per-month as a team.

If interested contact Christine C. from Indiana at 260-209-4445

Ongoing Step Study

There is an avoidance-based step study that meets on Sundays at 2:00 pm Central. For more information, see [https://saatalk.info/us/meetings/meeting?xmeeting\[id\]=172](https://saatalk.info/us/meetings/meeting?xmeeting[id]=172)

There are more announcements than we have time to share in meetings, and more information about ISA service and events can be found by visiting saatalk.info and clicking “Resources,” and looking for the ISA Announcements page. (Or click this link: [https://saatalk.info/us/resources/resource?xresource\[id\]=24&downloadFieldname=document1](https://saatalk.info/us/resources/resource?xresource[id]=24&downloadFieldname=document1))

-----End of Announcements to be Read in Meetings-----

Updated I.S.A. page on saa-recovery.org

<https://saa-recovery.org/diversity/isa/>

Service opportunities

We need **Group Service Reps for each ISA meeting.** This will allow us to take part in making decisions that affect SAA as a whole. Visit <https://www.saa-iso.org/> for more information.

Help is needed in **team writing potential SAA literature** on topics relating to intimacy avoidance recovery. Interested parties, please contact Deb in WV at avoidance@saa-recovery.org.

Present and Past ISA Step Study Participants who want to be added to a contact list to support each other:

Please email John C at jckey316@gmail.com