

## **Announcements for ISA Telemeetings**

### **“Intimacy avoidant” and/or “sexual avoidant” Step Study**

Do you struggle with intimacy, vulnerability, being transparent, relapsing, or making outreach calls? Consider using this as a tool in your recovery process.

Whether you're a new member to SAA, a long-timer, if you have a sponsor or not, or you've already worked the Steps a time or two in the past, or maybe you're a sponsor available for support - we are inviting 25 to 30 people (of any gender), to participate in this is a “one year commitment.” This will be a 90-minute ZOOM meeting once a week... where we break into ‘5 to 6 person workshops’ together working one-Step-per-month as a team.

If interested contact Christine C. from Indiana at 260-209-4445

### **Ongoing Step Study**

There is an avoidance-based step study that meets on Sundays at 2:00 pm Central. For more information, see [https://saatalk.info/us/meetings/meeting?xmeeting\[id\]=172](https://saatalk.info/us/meetings/meeting?xmeeting[id]=172)

There are more announcements than we have time to share in meetings, and more information about ISA service and events can be found by visiting [saatalk.info](https://saatalk.info) and clicking “Resources,” and looking for the ISA Announcements page. (Or click this link: [https://saatalk.info/us/resources/resource?xresource\[id\]=24&downloadFieldname=document1](https://saatalk.info/us/resources/resource?xresource[id]=24&downloadFieldname=document1))

## **-----End of Announcements to be Read in Meetings-----**

### **Updated I.S.A. page on [saa-recovery.org](https://saa-recovery.org)**

<https://saa-recovery.org/diversity/isa/>

### **Service opportunities**

We need **Group Service Reps for each ISA meeting.** This will allow us to take part in making decisions that affect SAA as a whole. Visit <https://www.saa-iso.org/> for more information.

Help is needed in **team writing potential SAA literature** on topics relating to intimacy avoidance recovery. Interested parties, please contact Deb in WV at [avoidance@saa-recovery.org](mailto:avoidance@saa-recovery.org).

**Present and Past ISA Step Study Participants who want to be added to a contact list to support each other:**

Please email John C at [jckey316@gmail.com](mailto:jckey316@gmail.com)