

“Big Book” Page References BASIC RECOVERY FOR SAA AND COSA

1

Overview and Step One

Forward, Roman numeral page 13 (xiii, at the top of the page

Page 17, paragraph three, lines 1-6

Page 25, paragraph three

Page 44, paragraph one

Page 44, paragraph two

Page 44, paragraph three

Page 45, paragraph one

Page 46, paragraph two, lines 1-13

Page 55, paragraphs two and three

Step	Described on page(s) (3 rd Edition)	Directions found on page(s)
1-12	Pages 59 and 60.	
1	Roman numeral pages 23-30 (xxiii – xxx) (3 rd Edition) or 25-32 (xxv-xxxii) (4 th Edition), and on pages 1-43.	Page 30, paragraph two, lines 1-3.
2	Pages 44-60.	Page 47, paragraph two, lines 1-3.
3	Pages 60-63.	Page 63, paragraph two, lines 1-8.
4	Pages 63-71.	Page 64, paragraph one, lines 1-9; paragraph two, lines 1-6.
5	Pages 72-75.	Page 75, paragraph one, lines 1-4; paragraph two, lines 1-2.
6	Pages 75-76.	Page 76, paragraph one, lines 3-5.
7	Page 76	Page 76, paragraph two, lines 1-7.
8	Page 76.	Page 76, paragraph three, lines 3-5.
9	Pages 76-84.	Page 76, paragraph three, lines 6-11.
10	Pages 84-85.	Page 84, paragraph two, lines 1-14 and page 86, paragraph one, lines 1-14.
11	Pages 85-88.	Page 86, paragraph two, lines 1-5; paragraph three, lines 1-6.
12	Pages 89-103 and pages 569-570 (3 rd Edition) or 567-568 (4 th Edition).	Page 89, paragraph one, lines 1-7. (Instructions on how to carry our message of recovery to others are found throughout pages 89-103).

Step 1

Roman numeral page 23 (xxiii) (3rd Edition) or 25 (xxv) (4th Edition), paragraph one

Roman numeral page 24 (xxiv) (3rd Edition) or 26 (xxvi) (4th Edition), paragraph one,

Roman numeral page 28 (xxviii) (3rd Edition) or 30 (xxx) (4th Edition), paragraph five

Roman numeral page 26 (xxvi) (3rd Edition) or 28 (xxviii) (4th Edition), paragraph four.

Page 30, starting with line four

Page 34, paragraph two

Roman numeral page 27 (xxvii) (3rd Edition) or 29 (xxix) (4th Edition), lines 3-9,

Page 30, paragraph two

“Big Book” Page References
Session #2 – Steps 2, 3, & 4

2

Page 64, last paragraph, starting in the middle of the third line,
Roman numeral page 27 (xxvii), paragraph one

Step 2

Page 44, paragraph four
Page 570 (3rd Edition) or 568 (4th Edition), paragraph two
Page 12, top
Page 46, paragraph one, starting with line three
Page 47, top
Page 48, top
Page 52 paragraph three
Page 53 paragraph two
Page 47, paragraph two

Step 3 (handout: 3rd and 7th step prayer)

Page 60, paragraph three
Pages 60 through 63
Page 60, paragraph four
Page 62, paragraph one
Page 62, paragraph three
Page 63, starting with line five
Page 63, paragraph three,
Page 63, starting with the second line in the paragraph two

Step 4 (handouts: Washington, D.C. pamphlet; checklist; examples, sponsors instructions)
(See also The Oxford Group Test for God’s will, on the page of this handout)

Page 63, paragraph four,
Page 64, paragraph one,
Page 64, paragraph two
Page 64
Page 65, paragraph three
Pages 64 to 71,
Page 64, paragraph three,
Page 66, paragraph one
Page 67, paragraph two
Page 68, top
Page 68, paragraph two
Page 69, paragraph one
Page 67, starting with line three at the top
Page 70, bottom, starting with line two in the third paragraph
Page 70, starting with line four in the paragraph one,
Page 73, paragraph four
Page 70, paragraph four

Step 5

Page 72, starting with the ninth line in the paragraph two,
Page 74, starting with the seventh line in the last paragraph
Page 75, top
Page 75, paragraph 2, lines 2-11
Page 75, paragraph three,

Step 6

Page 76, starting with line three in the paragraph one

Step 7 (handout: 7th step prayer)

Page 76, paragraph two

Step 8

Page 76, paragraph three

Step 9

Pages 76 through 83.
Page 76, starting with the sixth line in the paragraph three
Page 76, fourth paragraph
Page 77, starting with line four
Page 77, paragraph one, starting with the ninth line,
Page 77, paragraph two
Page 78, paragraph two
Page 79, paragraph two,
Page 80, top
Page 82, paragraph one
Page 82, starting with paragraph two,
Page 83, top
Page 83, paragraph three
Page 83, paragraph four, (The Promises)
Page 156, top
Page 69, starting with the sixth line in the paragraph three

An amends goes like this:
A. Here's what I have done wrong
B. I apologize for this
C. What can I do to make this right?
D. Is there anything else I have done to harm you that you want to discuss?

Session #4 – Steps 10, 11 & 12

Step 10

Page 84, paragraph two
 Page 84, paragraph three,
 Page 85, paragraph one:
 Page 85, paragraph two
 Page 84, paragraph two, starting with line two,

Step 11 (handout: How to listen to God)

Page 85, paragraph three through page 88
 Page 86, lines 2-4
 Page 87, starting with the last line

Step 12 (handout: Washington, D.C. pamphlet)

Appendix II on page 569,
 Page 569 (3rd Edition) or 567 (4th Edition), top
 Page 569 (3rd Edition) or 567 (4th Edition), paragraph four
 Page 570 (3rd Edition) or 568 (4th Edition),
 Page 89, chapter 7
 Page 89, top
 Pages 89 through 103
 Page 90, top
 Page 91, paragraph three
 Page 98, paragraph one
 Page 100, paragraph one
 Page 102, paragraph two
 Page 164, paragraph two,
 Page 25, paragraphs one and two

The Alcoholics Anonymous Test for self-will	The Oxford Group Test for God's will
Resentful	Purity
Selfish(ness)	Unselfishness
Dishonest(y)	Honesty
Afraid (or Fear)	Love