

# Moral Inventory

From: Alcoholics Anonymous, New York, NY, April 1939, and  
A.A. - An Interpretation of our Twelve Steps, Washington, DC, September 1944

<b>Liabilities:</b>																												
<b>Resentments</b>															<b>Forgiveness (Purity)</b>													
<b>False Pride</b>															<b>Humility</b>													
<b>Envy</b>															<b>Contentment</b>													
<b>Jealousy</b>															<b>Trust</b>													
<b>Selfishness</b>															<b>Unselfishness</b>													
<b>Laziness</b>															<b>Activity (Industry)</b>													
<b>Dishonesty</b>															<b>Honesty</b>													
<b>Fear</b>															<b>Faith (Love)</b>													

Newcomer:  
Sponsor:

# Moral Inventory

From: Alcoholics Anonymous, New York, NY, April 1939, and  
A.A. - An Interpretation of our Twelve Steps, Washington, DC, September 1944

<b>Liabilities:</b>	<i>Mom</i>	<i>Dad</i>	<i>Sister</i>	<i>Brother</i>	<i>1st grade teacher</i>	<i>neighbor</i>	<i>Previous neighbor</i>	<i>boss at work</i>	<i>Uncle Charlie</i>	<i>"first romance"</i>	<i>co-worker</i>	<i>spouse</i>	<i>best friend</i>	<i>best friend's partner</i>	<b>Assets:</b>
<b>Resentments</b>	✓	✓			✓		✓	✓	✓			✓			<b>Forgiveness (Purity)</b>
<b>False Pride</b>		✓		✓		✓	✓	✓	✓		✓	✓			<b>Humility</b>
<b>Envy</b>		✓	✓			✓	✓						✓	✓	<b>Contentment</b>
<b>Jealousy</b>	✓		✓				✓						✓		<b>Trust</b>
<b>Selfishness</b>	✓		✓				✓		✓		✓	✓	✓		<b>Unselfishness</b>
<b>Laziness</b>	✓	✓		✓			✓	✓			✓	✓			<b>Activity (Industry)</b>
<b>Dishonesty</b>	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓			<b>Honesty</b>
<b>Fear</b>	✓	✓			✓		✓		✓						<b>Faith (Love)</b>
<b>Manipulation</b>													✓		

Newcomer:

✓ Newcomer fills out checklist

Sponsor:

# Moral Inventory

From: Alcoholics Anonymous, New York, NY, April 1939, and  
A.A. - An Interpretation of our Twelve Steps, Washington, DC, September 1944

Liabilities:	Mom	Dad	sister	brother	1st grade teacher	neighbor	previous neighbor	boss at work	Uncle Charlie	"first romance"	co-worker	spouse	best friend	best friend's partner	Assets:
Resentments	✓	Ø	✓		✓		✓	Ø	✓			✓			Forgiveness (Purity)
False Pride		Ø		✓		✓	✓	✓		✓	✓	✓			Humility
Envy		✓	✓			✓	✓						Ø	✓	Contentment
Jealousy	✓		Ø				✓						✓		Trust
Selfishness	Ø		✓				Ø			Ø	✓	✓	Ø		Unselfishness
Laziness	Ø	✓		✓			✓	✓			✓	✓			Activity (Industry)
Dishonesty	Ø	Ø	Ø	✓	✓	✓	Ø	✓			Ø	✓			Honesty
Fear	✓	✓			✓		✓		✓						Faith (Love)
Manipulation													Ø		

Newcomer:

Check mark

✓

Newcomer fills out checklist

Sponsor:

Circle check mark

Ø

Sponsor suggests amends that may be needed