

SAA Louisville Thursday Step Study Meeting Agenda

1. *"Hello, my name is _____, and I'm a recovering sex addict. Welcome to this Thursday Step Study of Sex Addicts Anonymous."*
2. *"Please join me in a minute of silence, followed by the Serenity Prayer"*
3. *"Can someone Please read a Daily Meditation of your choice"*
4. *"Can someone please read **Our Program**"*
5. *"Can someone please read the **Twelve Steps of SAA**"*
6. *"We will now do a name and 12 Step only check-in please introduce yourself using first names in the format "Hi, I'm _____ and I'm a recovering sex addict" and since Meetings are forums for learning how to integrate the steps into our lives please state what steps you are working on today and your length of sobriety. Time for general check-in will be available later. If you are struggling and need to share immediately please do."*
7. *"Does anyone have any Milestones, Medallions, or Anniversaries they would like to celebrate?" [Please give the medallion and a congratulations to recipient]*
8. *"Our Seventh Tradition states: Every S.A.A. group ought to be fully self-supporting, declining outside contributions. So we will now pass the contributions basket."*
9. *"We have a bookstore with a selection of SAA books and pamphlets. Please put money for books in the contribution basket."*
10. *"We will also pass the Meeting Chairperson & Step Sharing sign-up sheet. If you are willing to Chair a step please sign-up!" [Mention any upcoming meetings missing a Chairperson]*
11. *Does anyone have any Announcements for the good of SAA?"*
12. *"Our Step Study focuses on helping each other work the steps. Is anyone wanting to share one of their steps today?" [After share]
"Would anyone like to share feedback on what was shared?"*
13. *"For the remainder of the meeting we use a step study discussion format [Check format schedule]. We use the words 'I' or 'we' instead*

of 'you' when sharing. Our focus remains on the solution, rather than the problem. Who you see here, what you hear here, let it stay here. Please keep in mind at 8:00pm the beginners meeting is scheduled in another room."

14.[Follow the Format Schedule for this week]

15. " The purpose of this group is to help each other work the steps. To that end we we will now break into step study groups. 3 Groups: Steps 1-3, Steps 4-7, & Steps 8-12. We need at least one experienced member to help with each group. Everyone should feel free to share your thoughts, feelings, experience, strength and hope on the steps we are working together. Once in group please do brief check-ins about what step you are working on and what help you need. Feel free to move the group to one of the available rooms. We will continue to help each other until 8:50 then reconvene here of the closing."

16."Can someone please read **the Promises**"(@8:50pM)

17."Can someone please read **the Closing** "