

Boundaries



LNR Note About Boundaries

We do not engage in crosstalk, which means to interrupt or directly respond to the shares of other members. By group conscience, only the moderator may interrupt a member who is speaking.

Because this is a telemeeting, the laws of all locations represented apply, so to protect yourself and others please do not be specific as to when, where, with whom, or how you have acted out. This meeting is for people age 18 and over.

Please avoid mentioning the specific name of a website, book, movie, treatment center or the like in your share. Additionally, we use the words 'I' or 'we' instead of 'you' when sharing. We do not interrupt or give advice.

Unlike other meetings you may have attended, Late Night Recovery has a boundary where we ask you to refer to sexual behavior generically, either using the words "acting out" or "healthy sexuality," rather than using specific terms, explicit descriptions or offensive language.

The focus of this meeting is on the solution rather than the problem. We share our experience, strength, and hope.

Please feel free to be more specific, although not explicit, and to share phone numbers, or to look for a sponsor, during fellowship.