

Sunday Strength with Voices SCRIPT (v9)

Time: 8am Pacific Time / 9am Mountain / 10am Central / 11am Eastern
Makeup: Mixed (this meeting is for both men and women)
Access: **Closed.** Open only to those who have a desire to stop their compulsive sexual behavior. "Closed" means the meeting location will be printed in the directory

Call-in Number: 712-775-7465

Access Code: 160278

Online Access: <https://www.freeconferencecallhd.com>

Website Info: [http://saatalk.info/us/meetings/meeting?xmeeting\[id\]=96](http://saatalk.info/us/meetings/meeting?xmeeting[id]=96)

This meeting may include readings and literature that is NOT Conference-Approved. Literature will be decided upon during group business meetings, as necessary.

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MODERATOR SCRIPT

Welcome

Welcome to the Sunday Strength with Voices closed, mixed tele-meeting of Sex Addicts Anonymous. My name is _____, I am a (eg. sexual anorexic, sex addict, sex and love addict, etc) from _____ and I'm your trusted servant for this meeting. This is a closed meeting, meaning it is only for those who have a desire to stop their compulsive sexual behavior. There is no other requirement for participation.

May we have a moment of silence for the addict in and out of these rooms who still suffers, followed by the serenity prayer?

<Reading: Serenity Prayer>

Sex Addicts Anonymous is a spiritual program based on the principles and traditions of Alcoholics Anonymous. Our primary purpose is to stop our addictive sexual behavior, and to help others recover from sexual addiction. We find a new way of living through the SAA program, and carry our message to others seeking recovery.

Could I have a volunteer read *Our Lives Before* which can be found in on saatalk.info or pugetsoundsaa.org?

<Reading: Our Lives Before>

Could I have a volunteer read the *12 Steps* which can be found in the SAA Green Book on page 20.

<Reading: 12 Steps of SAA>

Group Boundaries

We strive to create a safe environment for recovery. Although anonymity is a core tradition upon which the program depends, you should be aware that some people may decide after careful thought to report certain disclosures to the authorities. Therefore, we are not specific as to when, where, with whom, or how we have acted out, including disclosure of actions which violate the law regarding underage, senior, or disabled victims. This meeting is for people age 18 and over.

Remember to monitor your own mute status, using the mute feature on your cell phone or by pressing star * 6.

If you're muted by the moderator, you'll hear a voice indicating 'muted'. To unmute yourself, press star* 6.

Introductions

Now is the time for general introductions. It is the custom of our group to introduce ourselves with our first names only, where we are from, and any sobriety you would like to celebrate. This is not a time for sharing or getting current; there will be time for sharing after today's reading.

I will start... my name is _____, I am a (eg. sexual anorexic, sex addict, sex and love addict, etc) from _____ and (celebrate sobriety). Pass. [Pause]

Choose Reading

This meeting is a literature meeting. We are currently reading from *Voices of Recovery*, the SAA Daily Meditation Book. A free version of this book can be found online by going to saa-recovery.org, clicking on the Literature tab, and selecting the link for *Voices of Recovery—Daily Meditation Book*. Can I have a volunteer read today's entry from *Voices of Recovery*?

[Moderator to choose one additional related entry on the same topic unless a newcomer has identified themselves during introductions, If a newcomer is present, Moderator will choose from one of these readings which deal with Powerlessness and the First Step:

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26	Jan 26	73	Mar 13
50	Feb 19	113	Apr 22
54	Feb 23	213	Jul 31]

<reading>

We now open the meeting for general sharing. Participation is voluntary. You can talk about the reading, check in with your current feelings, or say your first name and pass. Please avoid mentioning the name of a book, movie, treatment center, or the like in your share because this can be viewed by some as promotion. It is OK, however, to talk about your experiences with these items.

Additionally, in this meeting, we address our sharing to the whole group, not to one or more individuals. We use the words "I" or "we" instead of "you" when sharing about our recovery. We also do not engage in crosstalk. Crosstalk means to interrupt, give advice or respond to the shares of other members.

In order to maintain a safe environment for recovery, we avoid mentioning specific names or places associated with our acting-out behavior. When sharing, we describe our addictive behavior as "acting-out behavior," rather than using explicit description and/or offensive language. Feel free to talk about your thinking, feelings, and emotions. The focus of this meeting is on the solution rather than the problem. We share our experience, strength, and hope in recovery.

Please feel free to share more specific information during fellowship after the meeting, or to collect phone numbers of people who you can share more specifically with.

Who would like to start?

Begin Closing

[5 minutes remaining]

[Thank the readers]

As a gentle reminder for all of us, anonymity is the spiritual foundation of all our traditions. What you heard was spoken in confidence and should be treated as confidential. Please keep the things you heard here in the confines of your mind. Carry no gossip and always remember to place principles before personalities.

Promises

Would someone please read one of the following? [Or moderator can choose]

Ottawa Promises

9th Step Promises (AA Big Book, pages 83-84)

7th Tradition

Now is the time for the 7th Tradition. This tradition states that “every group ought to be fully self-supporting, declining outside contributions.” 12-Step meetings around the world pass a basket to receive donations that are used to support recovery. Because that activity is not possible in our telemeetings, I would encourage you to consider making a donation to the main SAA office that is located in Houston, TX. Your donation will support the work of SAA meetings around the world. You can reach them online at saa-recovery.org [if someone asks, their number is (800) 477- 8191]

Announcements

The business meeting for this group is held on the last Sunday of each quarter.

If you would like to give a First Step presentation, please ask for a moderator’s phone number when the meeting is over to schedule a time.

Available at the www.saa-recovery.org website are online versions of all the SAA pamphlets and other Conference-approved literature

Are there any SAA related announcements? [Pause]

Closing Prayer

Let’s close the meeting with a moment of silence for those who are still suffering followed by the Serenity Prayer. [Pause]

<Reading: Serenity Prayer>

Fellowship

The meeting is over and we are now in Fellowship. The phone line will be open for another hour or so for anyone who wants to carry on a general discussion, ask questions, or exchange phone numbers. Thank you for letting me be of service.