

Thursday Night Reaching for Recovery

Note to Moderator: If Possible select volunteers to do readings before meeting starts

1. Reaching for Recovery Moderator Script (10pm Eastern Time).

Welcome to Reaching for Recovery. This is a closed mixed meeting of Sex Addicts Anonymous. My name is _____, I am a sex addict and your moderator for this evening. On the last Thursday of each month a business meeting is conducted after the regular meeting. To help reduce background noise, please press *6 to mute your phone when you are not speaking, then press *6 again to un-mute when you wish to speak.

Read only on the last Thurs of each month:

There will be a business meeting tonight at the conclusion of our regular meeting, then fellowship afterwards.

2. Serenity Prayer

Let's begin the meeting with a moment of silence, followed by the Serenity Prayer.

Please repeat after me one line at a time:

God, grant me the serenity to accept the things I cannot change

The courage to change the things I can

And the wisdom to know the difference

3. Readings

Moderator asks for volunteers now if not done before the beginning of the meeting:

The following readings are found in the SAA Green Book and online at www.saataalk.info

Would someone please read the first 2 paragraphs of **Our Addiction** on page 3?

Would someone please read the first 2 paragraphs of **Our Program** on page 20?

Would someone please read the **Twelve Steps**, starting at the bottom of page 20?

Would someone read **Defining Abstinence**, starting from page 14 to the first 3 paragraphs on page 15?

Finally would someone read the Tradition of the month on page 77?

4. Welcome Newcomers

Is there anyone at this meeting for their first time? If so please state your first name and where you are from. **(After welcoming):** Please stay for fellowship after the meeting to ask questions, get phone numbers and program information.

5. Group Boundaries

Because this is a telemeeting, the laws of all states, provinces, and countries represented apply. To protect yourself and others, please do not be specific as to when, where, with whom, or how you have acted out, including disclosure of actions which violate the law regarding underage, senior, or disabled victims. This is because participants of the meeting may be required by law to violate the anonymity of the group and report this.

Please avoid mentioning the name of a book, movie, treatment center or the like in your share because this can be viewed by some as promotion. It is ok however to talk about your experiences with these items.

In order to maintain a safe environment, we avoid mentioning specific names or places associated with our acting out behavior. When sharing, we describe our addictive behavior as "acting out," rather than using explicit and/ or offensive language. However feel free to talk about your thinking, feelings, and emotions. The focus of this meeting is on the solution rather than the problem.

There is no cross talk. Cross talk means commenting on another's share or giving advice. This can be done consensually during fellowship.

6. Introductions

Now is the time for introductions. Please state your first name, where you are from and briefly describe how you are feeling right now. This is not a time for sharing. There will be time for this during the topic discussion later in the meeting. I will start. My name is _____ from _____, I am a sex addict, and I'm feeling _____. Pass

7. Choose Topics

This is an open topic meeting. Is there anyone who has a topic relating to sex addiction or recovery that they would like to discuss tonight. We can have up to two topics.

8. Sharing

We now open the meeting for general sharing. Participation is voluntary. You can talk about these topics, or get current. Remember to mute your phone by pressing *6 when you are not talking. By group conscience the moderator can interrupt a share or order to maintain the format of this meeting. The time limit for each share is 3 minutes, at which point the spiritual time keeper will announce "time" in order to wrap up your share. Is there anyone who would like to be our spiritual time keeper?

9. Begin Closing

(End sharing 10 minutes before top of the hour. Thank all readers, topic contributors, spiritual time keeper) As a gentle reminder for all of us, anonymity is the spiritual foundation of all our Traditions. What you heard was spoken in confidence and should be treated as confidential. Please keep the things you heard here within the confines of your mind. Carry no gossip and always remember to

Place principles before personalities.

10. Promises

Would someone please read one of the following, The Unity Prayer, The Ottawa Promises, or 9th Step Promises which can be found in the Big Book, pages 83-84?

11. 7th Tradition

Now is the time for the 7th Tradition, which states that “Every group ought to be self-supporting, denying outside contributions.” 12 Step meetings around the world pass a basket to receive donations that are used to support recovery. Because that activity is not possible in our telemeetings, I would encourage you to consider making a donation to the main SAA office in Houston, Texas. You can do this on line at www.saa-recovery.org or by calling 800-477-8191.

12. Announcements

Are there any SAA related announcements? **(Wait for announcements, then make Moderator announcement):** By group conscience we try to rotate moderators on a weekly basis in order to give more people a chance to participate. There is no requirement. This is a good tool to help you in your recovery and be of service to others.

13. Closing Prayer

Lets close the meeting with a moment of silence for those who are still suffering followed by the Serenity Prayer..... Please repeat after me, on line at a time:

God, grant me the serenity to accept the things I cannot change

The courage to change the things I can

And the wisdom to know the difference

14. Business Meeting [last Thurs of the month only]

Welcome to the business meeting. We will conclude in approximately 20 minutes. Afterwards fellowship begins. Any business not completed will be tabled and be discussed first as old business in next month's meeting.

Do we have any old business to discuss? Do we have any new business to discuss? **End with:**
Thanks for letting me be of service.

15. Fellowship

Now is the time for fellowship. We usually reserve the first 5 minutes for newcomers to ask questions. Please be mindful of your time so that other people can share, exchange phone numbers, and announce if they're available to be a sponsor or if you are looking for a sponsor.

