

Sunday Afternoon Women's SAA Telemeeting

updated May 2020

Good afternoon and welcome! This is a closed, women's only telemeeting of Sex Addicts Anonymous. If you have a desire to stop your addictive sexual behavior you are in the right place. My name is _____ I am a sex addict and your trusted servant for this meeting.

May we have a moment of silence for the addict in and out of these rooms who still suffers followed by the **Serenity Prayer**:

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Who would like to read the **Introduction** on pages 1 and 2 of the SAA Green Book?

Would someone please read **Our Program**, pages 20 - 22 of the SAA Green Book?

Who would like to read the **tradition of the month and the 12th tradition**, found on page 77 of the SAA Green Book?

Is there anyone at this meeting for the first time? If so, please state your first name and where you are from so that we may welcome you. Welcome!

Now is the time that we celebrate **milestones** in sobriety (*for trusted servant—please pause after each milestone to allow time for someone to speak up. If someone has a milestone ask them how they did it*). Does anyone have 30 days? 60 days? 90 days? 6 months? 9 months? 1 year? 18 months? Multiples of years? How about 24 hours?

Now let's go around for **introductions**. It is the custom of this group for members to share their first name only, where you are from, how you are feeling, your inner circle behaviors, and your current length of sobriety from these behaviors.

My name is _____, I'm a sex addict from _____, I feel _____, my inner circle behaviors are _____ and I have ____ days/months/years of sobriety from these behaviors.

In regards to literature: In this meeting we use only SAA literature. The literature we are using can be obtained from the ISO of SAA, P.O. Box 70949, Houston, TX US 77270 or by phone: 1-800-477-8191 or via the internet: www.saa-recovery.org.

Regarding sponsorship: We, as a group believe that completing stepwork with a sponsor is an integral part of gaining and maintaining sexual sobriety. If you do not have a sponsor, or have questions about what a sponsor is, please talk to someone after the meeting.

Regarding phone numbers: The phone can be an important tool during recovery. Everyone is encouraged to get phone numbers of individuals whose shares they relate to, to use as part of a support system. Please be sensitive when using the phone and understand that sharing your phone number is completely voluntary.

For the first 4 Sundays of each month, this is a 12-step/Tools meeting of SAA. We will be using the SAA Green Book and the booklet Tools of Recovery. We are on Step _____ on page

_____ of the SAA Green Book and the tool titled _____ on page _____ of the booklet Tools of Recovery. On every fifth Sunday of the month (4 times per year), we will read about a Tradition, starting with Tradition 1 on May 31, 2020. (See tradition schedule at end of this script.) After shares on the tradition are exhausted, the trusted servant may select an SAA-related topic of her choice and members can share.

(Read step and tool or tradition.)

Now the meeting is open for discussion on the step and/or tool we just read, or you may share on the step you are currently working on. Please limit your shares to 5 minutes. You may be interrupted if your shares are too descriptive, if you are talking longer than 5 minutes, or if you mention specific names, websites, places associated with your acting out behavior, or if you're focusing on the problem rather than the solution. This is not meant to shame anyone, rather to provide a safe meeting for all of us. Who would like to begin?

(For the trusted servant—generally about 5 minutes before the meeting ends say something like “Thanks everyone for sharing.”)

Now it's time for the **7th tradition** which states that every SAA group ought to be fully self-supporting declining outside contributions. We have no dues or fees, but our International Service Organization (ISO) does have expenses. Contributions can be mailed to ISO of SAA, P.O. Box 70949, Houston, Texas USA 77270, or by phone at 1-800-477-8191, or via the internet at www.saa-recovery.org.

Phone number and pass code: It is the group conscience of this meeting that you help us all feel safe. We are a closed, women's only telemeeting of SAA. In order to access this meeting new members are required to speak to one of our our meeting contacts. Our meeting contacts information can be found at www.saa-recovery.org. Please do not give out this phone number and pass code to anyone.

Our **business meeting** is held on the second Sunday of the month after the regular meeting.

Are there any **SAA-related announcements**?

Would someone please read **“How We Live”**, the first two full paragraphs on page 61 of the SAA Green Book?

In closing, please help us move from shame to grace and join us in the us/we version of the **Serenity Prayer**.

“It is now time to exchange **phone numbers**. Newcomers, please have a pen and paper ready. Will those willing to share their numbers please give your first name, phone number, time zone, indicate whether your voicemail is private and safe to leave SAA related messages and let us know if you are a sponsor. My name is _____ and my number is _____. *(time zone, public/private, sponsor?)*”

The phone line is now open for fellowship. Please state your name before you share and say “I pass” after, so that we may thank you. If there are any newcomers now is a great time to ask questions.

BUSINESS MEETING AGENDA

Welcome to the Sunday women's SAA teleconference business meeting. My name is _____ and I'm a sex addict and your trusted servant for this meeting.

Would someone please read **The Twelve Traditions** which can be found on page 77 of the SAA Green Book?

In keeping with our traditions, do we have any **old business** to discuss?

Do we have any **new business** to discuss?

- Trusted servant for next month – 30 days sobriety suggested
- New business if any

Please help me close this meeting with the Serenity Prayer.

The phone line is now open for fellowship.

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Tradition Schedule

Tradition 1 – May 31, 2020

Tradition 2 – August 30, 2020

Tradition 3 – November 29, 2020

Tradition 4 – January 31, 2021

Tradition 5 – May 30, 2021

Tradition 6 – August 29, 2021

Tradition 7 – October 31, 2021

Tradition 8 – January 30, 2022

Tradition 9 – May 29, 2022

Tradition 10 – July 31, 2022

Tradition 11 – October 30, 2022

Tradition 12 – January 29, 2023