

ISA ELECTRONIC MEETINGS:

Updated August 13, 2019

ISA Meetings Sorted by Day of the Week:

All Intimacy and Sexual Avoidance telemeetings use the same phone number and passcode:
712-770-4160, passcode 599840#

If you're charged money for using that number, here is a "back-door" number you can use:
518-333-1520 (passcode is the same)

Or, use a VoIP dialer at <https://www.freeconferencecallhd.com/dialer>

Open = visitors (friends, significant others) welcome

TSH (Those Seeking Help) = only those that identify as sex addicts/anorexics/avoidants

Monday

Mondays, 8:00 a.m. US Central

Peer Support Meeting for past ISA Step Study Participants (unlisted – email Avoidance@saa-recovery.org for details)

Mondays, 10:30 a.m. US Central

Men's ISA meeting (Men, TSH)

Mondays, 12:00 p.m. US Central

Women's Conquering Fear of Intimacy (Women, TSH)

Mondays, 8:00 p.m. US Central

ISA Singles (Mixed gender, TSH)

Tuesday

Tuesdays, 8:00 a.m. US Central

Intimacy in Partnership (Mixed gender, geared towards avoidants with a spouse/partner, but open to anyone)

Tuesdays, 11:00 a.m. US Central

Mixed gender ISA (Mixed gender, TSH)

Wednesday

Wednesdays, 8:00 a.m. US Central

Open Intimacy-Focused Check-in (Mixed gender, open)

Wednesdays, 6:00 p.m. US Central

Open Avoidance Meeting (Mixed gender, open)

Thursday

Thursdays, 8:00 a.m. US Central

ISA ZOOM video meeting (Mixed gender, open)

Participants can also call in like a telemeeting. To join by computer or phone with a camera, download the app at zoom.us. Then when you want to join the meeting, enter meeting ID 949 471 943. OR, to call in like a telemeeting, Dial: +1 646 558 8656, or +1 408 638 0968. (Same meeting ID)

If you have questions or technical difficulties, call or text Deb in WV at [\(267\) 332-4698](tel:2673324698).

Thursdays, 12:00 p.m. US Central

Women's Conquering Fear of Intimacy (Women, TSH)

Thursdays, 5:00 p.m. US Central

Recuperación de la Intimidación (ISA Spanish meeting – Mixed gender, TSH)

Friday

Fridays, 8:00 a.m. US Central

Coffee Connection ZOOM (informal fellowship – not a 12-Step support meeting)

We're using the Thursday ISA ZOOM Meeting ID to spend time in fellowship on Friday mornings at 8 a.m. Central. Come join us for free-flowing chitchat about "outside issues" and everything under the sun! Everyone's welcome!

Fridays, 11:00 a.m. US Central

Mixed gender ISA (Mixed gender, TSH)

Fridays, 8:00 p.m. US Central

Men's ISA meeting (Men, TSH)

Saturday

Saturdays, 5:00 p.m. US Central

Mixed Open ISA (Mixed gender, Open)

ISA Meetings Sorted by Attendance:

Open = visitors (friends, significant others) welcome

TSH (Those Seeking Help) = only those that identify as sex addicts/anorexics/avoidants

Men Only:

Mondays, 10:30 a.m. US Central

Men's ISA meeting (Men, TSH)

Fridays, 8:00 p.m. US Central

Men's ISA meeting (Men, TSH)

Women Only:

Mondays, 12:00 p.m. US Central

Women's Conquering Fear of Intimacy (Women, TSH)

Thursdays, 12:00 p.m. US Central

Women's Conquering Fear of Intimacy (Women, TSH)

Mixed Gender:

Mondays, 8:00 a.m. US Central

Peer Support Meeting for past ISA Step Study Participants (unlisted – email Avoidance@saa-recovery.org for details)

Mondays, 8:00 p.m. US Central

ISA Singles (Mixed gender, TSH)

Tuesdays, 8:00 a.m. US Central

Intimacy in Partnership (Mixed gender, geared towards avoidants with a spouse/partner, but open to anyone)

Tuesdays, 11:00 a.m. US Central

Mixed gender ISA (Mixed gender, TSH)

Wednesdays, 8:00 a.m. US Central

Open Intimacy-Focused Check-in (Mixed gender, open)

Wednesdays, 6:00 p.m. US Central

Open Avoidance Meeting (Mixed gender, open)

Thursdays, 8:00 a.m. US Central

ISA ZOOM video meeting (Mixed gender, open)

Thursdays, 5:00 p.m. US Central

Recuperación de la Intimidación (ISA Spanish meeting – Mixed gender, TSH)

Fridays, 8:00 a.m. US Central

Coffee Connection ZOOM (informal fellowship – not a 12-Step support meeting)

Fridays, 11:00 a.m. US Central

Mixed gender ISA (Mixed gender, TSH)

Saturdays, 5:00 p.m. US Central

Mixed Open ISA (Mixed gender, Open)

Singles:

Mondays, 8:00 p.m. US Central

ISA Singles (Mixed gender, TSH)

Avoidants in a Committed Partnership:

Tuesdays, 8:00 a.m. US Central

Intimacy in Partnership (Mixed gender, geared towards avoidants with a spouse/partner, but open to anyone)

Addicts/Avoidants Only:

Mondays, 8:00 a.m. US Central

Peer Support Meeting for past ISA Step Study Participants (unlisted – email Avoidance@saa-recovery.org for details)

Mondays, 10:30 a.m. US Central

Men's ISA meeting (Men, TSH)

Mondays, 12:00 p.m. US Central

Women's Conquering Fear of Intimacy (Women, TSH)

Mondays, 8:00 p.m. US Central

ISA Singles (Mixed gender, TSH)

Tuesdays, 11:00 a.m. US Central

Mixed gender ISA (Mixed gender, TSH)

Thursdays, 12:00 p.m. US Central

Women's Conquering Fear of Intimacy (Women, TSH)

Thursdays, 5:00 p.m. US Central

Recuperación de la Intimidad (ISA Spanish meeting – Mixed gender, TSH)

Fridays, 11:00 a.m. US Central

Mixed gender ISA (Mixed gender, TSH)

Fridays, 8:00 p.m. US Central

Men's ISA meeting (Men, TSH)

ISA Meetings Open to Anyone:

Tuesdays, 8:00 a.m. US Central

Intimacy in Partnership (Mixed gender, geared towards avoidants with a spouse/partner, but open to anyone)

Wednesdays, 8:00 a.m. US Central

Open Intimacy-Focused Check-in (Mixed gender, open)

Thursdays, 8:00 a.m. US Central

ISA ZOOM video meeting (Mixed gender, open)

Fridays, 8:00 a.m. US Central

Coffee Connection ZOOM (informal fellowship – not a 12-Step support meeting)

Saturdays, 5:00 p.m. US Central

Mixed Open ISA (Mixed gender, Open)