

We Are Priceless

Sundays at 1PM PST/ 2PM MT/ 3PM CT/ 4PM EST/ 9PM GMT

Email: SAA.XSW@Gmail.Com

INTRODUCTION

Welcome to **We Are Priceless**, an SAA meeting for anyone who has worked in the sex industry, as well as carefully selected, supportive allies.

As recovering sex workers, we share our experience, strength and hope with each other for the purpose of finding freedom from addictive sexual behavior and helping others recover from sex addiction and intimacy avoidance. Our program is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous, although we are not affiliated with AA or any other organization.

We value stepping into serenity and recovery by leaving our former lifestyle and supporting each other. We practice honesty, openness, and willingness and we trust in the experience, strength, and hope of the fellowship that we will benefit as others have before us. (Sex Addicts Anonymous, page 63)

May we have a moment of silence for those who are still suffering from sex addiction, followed by the Serenity Prayer?

The Serenity Prayer

(All together)
God/Higher Power, grant me the
serenity to accept the things I cannot
change, the courage to change the
things I can, and the wisdom to know
the difference.

Thank you.

GUIDELINES FOR MEETING (Can be skipped if no newcomer is present)

- Everyone is free to choose whether or not to use the camera.
- To help keep the virtual room quiet so that everyone can hear, we offer a gentle reminder to everyone to please mute their microphones when not sharing.
- Please dress and behave as if this were an in-person meeting and be sensitive and aware of what is on your camera. Potentially triggering or distracting movements, clothing, or backgrounds should be avoided. Please be mindful of behaviors that could trigger people with other addictions, such as vaping or alcohol.
- Referencing behaviors as part of sharing experience, strength, and hope is sometimes necessary, but we avoid detailed or graphic descriptions.
- In this meeting we do not engage in crosstalk. Crosstalk is commenting on other's shares or speaking to members directly during the meeting. Everyone is encouraged to share their own experience, strength, and hope using "I" "me," or "my," instead of "you" or "we." Support or feedback can be offered after the meeting during fellowship, or during outreach calls with individuals.
- To avoid confusing the SAA message we refrain from mentioning specific book titles or religious references, etc. during the meeting.
- If you feel a member is not in accordance with these guidelines or otherwise feel the need to speak with someone regarding group safety, please feel free to notify today's trusted servant. You can also contact our Group Conscience Chairperson Ashleigh or our Secretary Tom with any questions or concerns regarding meeting safety, boundaries and/or guidelines.

ANNOUNCEMENTS

Are there any SAA-related announcements?

Our business meeting is held directly following the last meeting of the month.

SEVENTH TRADITION:

"Every SAA group ought to be fully self-supporting, declining outside contributions."
We encourage you to make donations to support our meetings by visiting saatalk.info and clicking "donate" or by calling 713-869-4902 (or 1-800-477-8191)

READINGS:

Who will read the Meeting Preamble?

MEETING PREAMBLE

Sex Addicts Anonymous is a spiritual program based on the principles and traditions of Alcoholics Anonymous. Our primary purpose is to stop our addictive sexual behavior, and to help others recover from sexual addiction. We find a new way of living through the SAA program and carry our message to others seeking recovery. (Introduction, Sex Addicts Anonymous)

Thanks, _____. Who will read the abstinence statement?

ABSTINENCE

For many of us, our goal when entering the SAA program is abstinence from one or more specific sexual behaviors. But unlike programs for recovering alcoholics or drug addicts, Sex Addicts Anonymous does not have a universal definition of abstinence. Since different addicts suffer from different behaviors, and since our sexuality is experienced in so many different ways, it is necessary that SAA members define for themselves, with the help of their sponsors or others in recovery, which of their sexual behaviors they consider to be "acting out." (Excerpted from Sex Addicts Anonymous, pages 14-15)

Thanks, _____. Who will read the 12 Steps of SAA?

THE 12 STEPS OF SAA

1. We admitted we were powerless over addictive sexual behavior—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood God.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to other sex addicts and to practice these principles in our lives.

Thanks, _____. Who will read the Tradition of the month & the 12th Tradition?

THE 12 TRADITIONS OF SAA

1. Our common welfare should come first; personal recovery depends upon SAA unity.
2. For our group purpose there is but one ultimate authority—a loving God as expressed in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for SAA membership is a desire to stop addictive sexual behavior.
4. Each group should be autonomous except in matters affecting other groups or SAA as a whole.
5. Each group has but one primary purpose—to carry its message to the sex addict who still suffers.
6. An SAA group ought never endorse, finance, or lend the SAA name to any related facility or outside enterprise lest problems of money, property, and prestige divert us from our primary purpose.
7. Every SAA group ought to be fully self-supporting, declining outside contributions.
8. SAA should remain forever nonprofessional, but our service centers may employ special workers.
9. SAA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. SAA has no opinion on outside issues; hence the SAA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

**Anonymity means who you see here, what you hear here, when you leave here, let
it stay here! (Everyone: "Here! Here!")**

Thanks, _____.

INTRODUCTIONS

Now it's time for introductions. You're invited to share your first name, where you're from, and how you're feeling right now in a few words. All feelings are acceptable here, even if we're still learning how to identify or distinguish them. You are also invited to share an affirmation about yourself, if you wish. I'll start. My name is _____ from _____ and I feel _____.
Affirmation: _____.

Examples:

- I am a beloved child of God. (or I am beloved)
- I am connected to my innate innocence.
- My "present" is more powerful than my past!
- My worth as a human being is independent of my past actions.
- My intention is to bring my heart to every day and run the risk of fearlessly loving without running away.
- I allow myself, my life, my heart, and my "inner child/ren" to be held by a love greater than my own thinking. I am fully open to that love now.
- One thing I'm proud of myself for accomplishing this week is _____.

We would like to extend a special welcome to those who are joining us for the first time.

MILESTONE OR VICTORY CELEBRATION

Would anyone like to celebrate any sexual sobriety time today?

READING OR TOPIC

(1st Sunday of the Month) Today is a Step Study where we will be reading the Step of the Month from the SAA Green Book.

(Other Sundays) Today is a topic meeting. Does anyone have a topic or reading they would like the group to discuss?

SHARING

Now it's time for sharing our thoughts, feelings, and experiences in recovery. Let's allow about 3-5 minutes for each share. (Length of shares depends on number of attendees. If a small number of participants are in the meeting, skip the timer and open the floor for sharing.)

(For larger meetings, read the following:)

Who will volunteer to be the Spiritual Timekeeper for the meeting?

Thanks, _____. Please give a gentle reminder when 4 minutes have passed, and then a signal when 5 minutes are up. If you're sharing, please acknowledge that you heard the Spiritual Timekeeper's notice.

The floor is now open for sharing. I will help moderate. Who would like to begin?

WRAP-UP (5min to the hour)

That's all the time we have for this portion of the meeting. We end the meeting by selecting a reading & a closing prayer. Is there a reading that anyone feels called to read?

The Ottawa Promises

Through a renewed relationship with our Higher Power, the healing force of recovery will take hold in our hearts. By giving ourselves over to our Higher Power and working our program, our lives will become manageable, and we will be restored to sanity. We will receive the inner strength and support needed to face our anxieties and fears, and to deal with the painful feelings that feed our addiction. Relations with others will improve as we learn to respect our boundaries and allow others freedom to be themselves. Reaching out in trust and connecting with others will come easier, dispelling our sense of isolation and loneliness. Degrading fantasies and obsessive sexual thinking will diminish.

In relating to ourselves, self-absorption will give way to self-discovery; secrecy to honesty; feelings of unworthiness to dignity; and shame to grace. A restored integrity will guide our behavior. We will feel more alive and regain a sense of happiness. We will hear ourselves laugh again and rediscover play. We will embrace change and will grow. A spiritual awakening will free us from the tyranny of our addiction. An awareness of being guided by a Higher Power and supported by caring friends will sustain us. Regret for the past and worry for the future will give way to living for today. We will open ourselves to the amazing possibilities of a life worth living...our life.

Are these extravagant promises? (everyone) "We think not!" We have seen them fulfilled. They are ours, if we want them and work for them.

Sex Addicts Anonymous, last 2 paragraphs of page 61

Practicing these principles in our lives means applying program principles at home, at work, and wherever else we gather with others for a common purpose. As we grow spiritually, we find opportunities for service in virtually any situation. Our closest relationships may offer the most challenges to our honesty, compassion, and integrity, but we are often rewarded beyond our expectations. We find that spiritual principles can guide us in the everyday challenges of life, and they can help us face even loss, grief, and death with fortitude and grace. What we gain in this program is a blueprint for full and successful living, whatever may come.

We maintain our recovery by working a daily program, in the knowledge that although we can never be perfect, we can be happy today. We can live life on life's terms, without having to change or suppress our feelings. Our serenity and sobriety grow as we continue to live according to spiritual principles. We enjoy the gifts that come from being honest and living a life of integrity. We ask for help when we need it, and we express our love and gratitude every day. We realize that everything we have been through helps us to be of service to others. We learn that the world is a much safer place than we had ever known before, because we are always in the care of a loving God.

The Proposed SAA Promises (as expressed by an SAA group in Puget

Sound)

By cultivating our sexual sobriety and spiritual connection we will discover healthier experiences of sexuality. Our serenity will grow as we continue to live according to spiritual principles. The miracle of recovery from sex addiction will become a reality we experience every day. Working the twelve steps brings us many gifts:

1. We will find freedom from our addictive sexual behavior.
2. We will live in the present and enjoy our lives.
3. We will learn to be emotionally present during sexual experiences, and use our sexuality to express our love, appreciation and faith.
4. We will grow in humility and will be able to admit when we are wrong.
5. We will deepen our compassion and become more forgiving of others and ourselves.
6. We will keep the company of people who love and respect us.
7. We will start to see life in terms of growth, change, and transformation.
8. We will have a greater sense of belonging, emotional intimacy and true friendship with others and ourselves.
9. We will learn to express our affection, rather than seek power and control.
10. We will ask for and receive help when we need it.
11. We will experience profound healing from shame as we learn to let go and cultivate vulnerability.
12. We will see that the world is a much safer place than we had ever known before, because we are always in the care of a loving higher power.

Thanks _____. Is there a reading that anyone feels called to read?

The Serenity Prayer

(All together)

God/Higher Power, grant me the serenity to
accept the things I cannot change,
courage to change the things I can,

and wisdom to know the difference.

The Unity Prayer (A.K.A. The OA Promise)

I put my hand in yours and together we can do what we could never do
alone.

No longer is there a sense of hopelessness.

No longer must we each depend upon our own unsteady willpower. We
are all together now, reaching out our hands for a Power and strength
greater than ours.

And as we join hands, we find love and understanding beyond our wildest
dreams.

The Proposed SAA Unity Prayer

Higher Power,

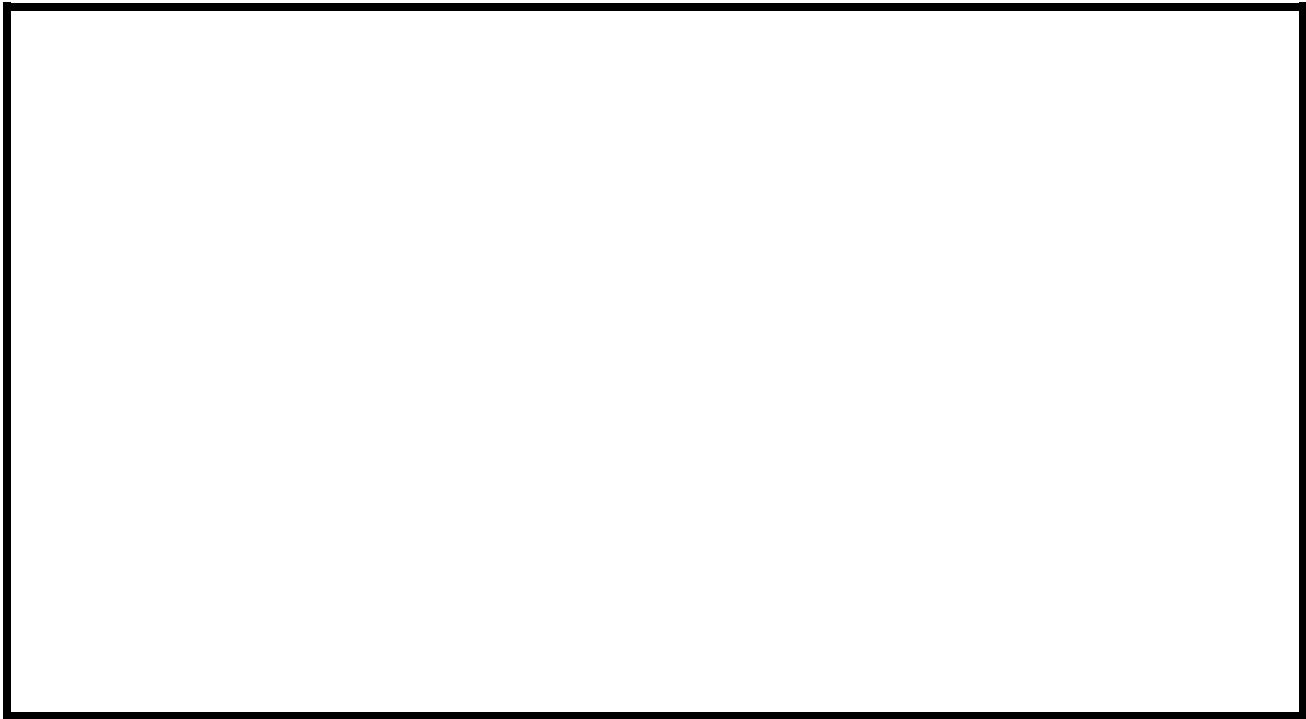
We give thanks for this recovery community, and for those who paved the
way so that we, too, may find healing.

May we find courage to leave our old lives behind, and to keep moving
forward on the spiritual path.

When we feel discouraged and isolated, let us remember that we are all
together now, and that side by side, we are building new and fulfilling lives.

Together we can accomplish what was impossible for each of us alone.

May serenity be ours today.



Record of edits:

Adopted format for We Are Priceless meeting – February 2019 Added proposed SAA

unity prayer - September 2020

Changes to sharing boundaries - May 2021 & November 2021

Removed mention of Thursday meeting – March 2023

Adjustment of group guidelines & reformatting – March 2025

Modification of “former” verbiage and inclusion of GC contact numbers – Sept '25