

## Breaking the Chains

### BACKGROUND

An SAA meeting for anyone whose acting out behaviors may have included any type of illegal activity. It is not necessary to have been charged or convicted of a sexual offense to attend or participate in the meeting. Group Conscience requests that interested persons email [breakingthechains1212@gmail.com](mailto:breakingthechains1212@gmail.com) to schedule an interview before attending this meeting to ensure the meeting is safe for everyone.

### INTRODUCTION

Welcome to Breaking the Chains. This is a closed meeting for anyone whose acting out behaviors may have included any type of illegal activity. It is not necessary to have been charged or convicted of a sexual offense to attend or participate in the meeting.

This meeting includes additional guidelines to ensure the meeting is safe for everyone.

If you are new to this meeting, please understand that we need to ensure this is a safe space for everyone involved. Therefore, we need a brief discussion with anyone that wishes to join the meeting, so we do not place others in ethical dilemmas or legal jeopardy. Mandated reporters should identify themselves during the qualifying process and during the introductions at the beginning of each meeting.

### READINGS

Join me in citing the Serenity Prayer?

Would someone please read the 12 Steps?

Would someone read the Tradition of the Month (e.g. 8<sup>th</sup> Tradition for August)?

### SHARING

Let us introduce ourselves stating our First Name, location and step-work only. We do not include our sobriety date in this meeting. We will have time to share later so please be brief.

The leader will now share for 10 minutes.

[After leader shares]

It is now time for others to share. Please limit your share to 3 minutes. At two minutes a timer will sound reminding you to finish up within the next minute. Everyone in the room must have an opportunity to share before anyone can share a second time.

To ensure we maintain this safe place of recovery we suggest the following guidelines:

- remember that anonymity is the foundation of our program.
- ensure your share is related to SAA literature and themes.
- we encourage sharing about the solution, not living in the problem. You may need to share details with a sponsor or trusted fellow during your fourth step.
- Avoid placing a burden or ethical dilemmas on those with mandated reporting requirements if anyone is compelled to do so.
- Any attending member has the right to stop a share if triggered, sees a violation of anonymity or over-disclosing. Please enter something in the chat, unmute and/or speak up if the sharer crosses boundaries based on the guidelines.

- In this meeting we do not cross-talk. We stay away from ‘you’ statements; we do not offer unsolicited advice like that during fellowship; we do not interrupt a share unless it crosses boundaries; addressing another’s share apart from brief acknowledgment of it;

Who would like to begin?

[Group sharing continues until the top of the hour generally]

## MEETING BUSINESS

It is now time for the Secretary’s announcements. [Pause for secretary]

It is now time for the 7<sup>th</sup> Tradition. Though we do not have a basket to pass around we do encourage fellows to contribute to SAA Telemeeting Intergroup or ISO. The means to do so are here:

<https://saa-store.org/7thTradition/>

<https://saatalk.info/us/donate>

## CLOSING

In closing, would someone like to volunteer and lead our next meeting?

Would someone please read the Promises?

Let us have a moment of silence for the addict who still suffers followed by the “we” version of the Serenity Prayer.

God, grant us the serenity.

To accept the things, we cannot change.

To change the things, we can.

And the wisdom to know the difference.

## FELLOWSHIP

We will remain in this space for fellowship OR a business meeting. (half hour maximum)

## SECRETARY'S ANNOUNCEMENTS

Hello, my name is \_\_\_\_\_ and I am a sex addict and your secretary for today.

Let's thank \_\_\_\_\_ for paying us a 12<sup>th</sup> Step visit leading a great meeting.

If there are any newcomers: let's welcome and congratulate \_\_\_\_\_ for making this meeting.  
Keep coming back.

If there are any chip takers: Let's congratulate our chip takers \_\_\_\_\_.

Do we have any service commitment reports (e.g. phone list)?

Are there any SAA related announcements?

Are there any items for business agenda?

Just a reminder, we will be having fellowship in a few minutes after we close the meeting.

The strength of this fellowship starts and ends with each and every one of you. Thank you for showing up and participating by your listening, sharing and supporting each other.

Thank you for allowing me to be of service. I'll now turn it back to our leader \_\_\_\_\_ to finish the meeting.