



## Taking Action Group of SAA McKinney TX

1615 W. Louisiana Pkwy

(Behind First Baptist Church-Portable Bldg #2)

Sat 8:30-9:30a

Thurs 6:30-7:30p

(open/men)

Other McKinney SAA Groups:

### Restoring Hope Group

250 Adriatic Pkwy #105, McKinney

Tuesday 6:30-7:30p, conference room  
(open/mixed)

Call or text now

**469-630-1935**

[takingactiongroupmckinney@gmail.com](mailto:takingactiongroupmckinney@gmail.com)

[www.dfwsaa.com](http://www.dfwsaa.com)

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## Who We Are

We are a local 12 Step group of men who have recovered from sexual addiction. To show other sex addicts precisely what we have done to recover is the main purpose of our group. We are an anonymous group in the Fellowship of Sex Addicts Anonymous (SAA). We meet regularly as a group and work the steps individually with a sponsor so that a potential new member might find us and see that the hope of recovery is possible.

Ours meetings are open to all interested in learning more about sex addiction and the solution we have found.



**What is a sponsor?** A sponsor is a sober member of the fellowship who can show others how they worked the 12 Steps. A sponsor is someone that has worked the 12 Steps, with a sponsor themselves, and has the time and willingness to work with other sex addicts so they might receive the benefits of a spiritual awakening as result of the Steps.



## TAKING ACTION GROUP SAA MCKINNEY

*"We have recovered and been given the power to help others." BB pg132*



## The Recovery Program

**The program** of SAA is the Twelve Steps. The Steps were first documented and described in the book *Alcoholics Anonymous* in 1939. We have only one program. We, as members of SAA, are here for one thing only: To recover and help others to do the same. We have done so by working and living the Twelve Steps! It can be described as a spiritual program of action. We can show you what millions have done to get well.

### We work the Program!

**Our Purpose-** Our 5th Tradition describes this purpose: *"Each group has but one primary purpose-to carry its message to the sex addict who still suffers."* This is our main reason to exist as a group. SAA is more than a set of principles; it is a society of sex addicts in action.

### We live with Purpose!

**Our Message-** Our 12th Step describes this message. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to other sex addicts and to practice these principles in all our lives. We work the steps with a sponsor so that we can help another sex addict. There are many still suffering that need this message.

**We carry the message and serve others!**

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*"The only requirement for membership is a desire to stop addictive sexual behavior" 3<sup>rd</sup> Tradition*

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**Our Fellowship-** Our 3<sup>rd</sup> Tradition tells us who is welcome in the Fellowship. "The only requirement for membership is a desire to stop addictive sexual behavior". We acted out in isolation and we recover in community with other sex addicts. The local meetings are the heart of the fellowship. Come and join us. We are here to help.

**We join the Fellowship.**



### What to expect in our meeting

Your first meeting of SAA will be a positive experience of acceptance and understanding. We have been where you are and know many others just like you. You are not required to do or say anything at an SAA meeting. Members of the group will introduce themselves to you, welcome you and ask your name. We want to get to know you. We will provide you with information that will help you get started in the program and connected in the fellowship. At your first meeting you'll hear about the disease of sex addiction and the solution we have found. We hope you will come and join us in our common solution! Although meetings are important, they are not how we recover from sexual addiction. We recover by the steps we take. Our wish is to be helpful only. Every meeting is different. Maybe you would benefit from a different program. We encourage you to find the place where you feel you belong.

**We help others!**