

Why do people sponsor?

Our 12th Step answers this question. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to other sex addicts and to practice these principles in all our lives. We work the steps with a sponsor so that we can help another sex addict. There are many still suffering that need this message. It takes a recovered sex addict to help a still suffering sex addict. A nice side effect of sponsoring others is the high likelihood of staying sober.

“Practical experience shows that nothing will so much ensure immunity from acting out as intensive work with other sex addicts. It works when other activities fail. This is our Twelfth suggestion. Carry this message to other sex addicts.” BB pg. 89

Does a sponsor need a certain amount of time sober?

We have found that quality of sobriety is far more important than quantity. In our experience we have seen that someone who has found our way of life, has been lit a fire with the spirituality of our program and just a few weeks sober, has more to offer the newcomer than someone with years of abstinence and is not realizing any of the program promises.

What our members say

“Becoming a sponsor took my great shame and turned it into a spiritual weapon that God could use to help another suffering addict. I found that I could not convey His acceptance, grace, and forgiveness to another man without experiencing it for myself. Being a sponsor has been the most profound spiritual gift I’ve ever received.”
Scott

“Because of sponsorship, I feel as though my life has been given a great purpose. By sponsoring others I have experienced an inner peace that has stuck with me even during the difficulties that life inevitably brings. I found that I now want to help and serve others instead of serving myself.” Darren

“Sponsorship is the highest honor. To humbly serve a Brother drowning in hopelessness and to give back what was so unselfishly given to me. When I walk shoulder to shoulder with a protege and see his life restored, it’s also an opportunity for me to reconnect with the steps, my own past and God’s redemptive power.” Ted

Having had a spiritual awakening as the result of these steps, we tried to carry this message to other sex addicts and practice these principles in our lives.” Step Twelve

How to connect with us

Where: First McKinney
1615 W. Louisiana St
McKinney TX 75070
Portable 1A behind church
When: Tue. and Thur. 6:30pm Sat. 8:30am
Zoom: 813-633-5202 / 1935
Phone: 1-469-630-1939
Web: www.dfwsaa.org
www.saa-recovery.org

Taking Action Group of SAA McKinney TX



“We have recovered and been given the power to help others.” BB pg. 132

Sponsorship

Sex Addicts Anonymous® is a fellowship of women and men who share their experience, strength and hope with each other so they may overcome their common problems and recover from sexual addiction. SAA was founded in 1977 in Minneapolis, Minnesota. Today SAA is an international society with meetings in many countries.

What is a Sponsor

A sponsor is a sober member of the SAA fellowship who can show others how they worked the Twelve Steps. A sponsor is someone that has worked the Twelve Steps, with a sponsor themselves, and has the time and willingness to work with other sex addicts so they might receive the benefits of a spiritual awakening as the result of the Steps.

Why do I need a sponsor?

Because you don't know how to recover on your own. A sponsor will show you what they did to recover from a seemingly hopeless state of mind and body. While in school, students are given a book and a teacher. In the Taking Action Group meeting, this is referred to as the Big Book of Alcoholics Anonymous (yes it works for sex addiction also) and a sponsor.

When should I get a sponsor?

As soon as possible. Within days of realizing you might be a sex addict. Make finding a sponsor your top priority. Most of us found a sponsor by attending meetings. When you meet with a potential sponsor they will be able to give you the tools for self-diagnosis as a sex addict. They will share enough about their personal story for you to understand that they once suffered from untreated sex addiction but have now found a solution and therefore no longer suffering. They are sober and happy about it! Ask them to show you what they did.

How do I get a sponsor?

Simple! At the meeting, during part of the closing reading, sponsors will be called to raise their hand. You can approach a member after the meeting and ask if they are available to sponsor. There may be some sponsors who aren't at the meeting on the day you are there. Those that are sponsoring are also listed on the meeting contact list.



What if they say no?

Don't worry about that, it likely means they are currently working with another new member. Don't take it personally. Ask them to help you find a sponsor that might be available. There are many in McKinney willing and able to help you.

What are some qualities I should look for in a Sponsor?

A spiritual awakening is what you are looking for in a sponsor. This has several indicators. First and foremost is the removal of our obsession. We are no longer preoccupied with acting out, neither are we obsessed with managing our lives so that we won't be tempted. More than this, we are happy in our abstinence. But above everything, we are continually seeking spiritual growth by improving upon our practice of principles contained in the

Twelve Steps and Twelve Traditions. Your potential sponsor will be doing this continued work with their sponsor.

What to expect from a sponsor

In the McKinney Taking Action Group, just like in SAA as a whole, there are a variety of personalities. With these various qualities come different styles of sponsorship. This is a good thing. It takes all of us working together carrying the SAA Twelve Step message to effectively reach the still suffering sex addict. Your sponsor's job is to present the Twelve Step program in the same manner that it was presented to them. A sponsor is only qualified to show you what they did to recover. In a Twelve Step fellowship that means walking along side of you as you work all Twelve Steps. Even though sponsors have different personal qualities they all have one thing in common. They have found the common solution called a spiritual awakening via the Twelve Step process. Their role is to lay out this kit of spiritual tools at your feet. It's your job to pick them up and use them. The sponsors you meet at TAG will guide you through all Twelve Steps using the Big Book of AA in a few short weeks. Your sponsor will expect you to do the work that is described in the first 103 pages of that book. After all it is within those pages that the program of action is described with precise, specific, clear-cut directions. A sponsor will also teach you about the Twelve Traditions of SAA. If you do what they did you can expect to get what they got.