European Wednesday Tele-meeting of Sex Addicts Anonymous

This script can be downloaded from [www.saatalk.info](http://www.saatalk.info).

The meeting is registered with the UK Intergroup & the Telemeeting Intergroup with the following details:

* **Meeting type:** Closed, Mixed
* **Time:** Wednesdays 20:00 - 21:00 UK time
* **Focus:**
* ***First week*** *- Step reading of the month*
* ***Second week*** *- Personal Story of Strength Hope and Recovery (Main Share)* ***or*** *Presentation on a related topic by a volunteer,* ***or*** *Recovery Story from the Sex Addicts Anonymous book*
* ***Third week*** *– The Tradition of the Month*
* ***Fourth week*** *- Personal Story of Strength Hope and Recovery (Main Share)* ***or*** *Presentation on a related topic by a volunteer,* ***or*** *Recovery Story from the Sex Addicts Anonymous book*
* ***Fifth week*** *- - Tools of the program*
* **UK Telephone number:** 0330 998 1256
* **Access code:** 240953
* **Notes :-** press **\*6** to Mute / un-mute you microphone to avoid background line noise
* **Registered with ISO**: Group code NRTE0016
* **Email Contact :** [Wednesdaytelemeeting@gmail.com](mailto:Wednesdaytelemeeting@gmail.com)
* **Service positions**
  + **Secretary –** Appointed every three months Step 5 & three month’s sobriety.
  + **Email servant –** Appointed every three months Step 5 & three months sobriety.
  + **Greeter –** Appointed every three months, Step 3 and three month’s sobriety.
  + **GSR –** Appointed every 12 Months.Step 12, six months sobriety and has held secretary position within group

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United Kingdom - 0330 998 1256 (Generally charged at same rate as to geographic numbers (01 or 02) and may be included inclusive minutes of mobile phone packages. Please check with your supplier)

See website [www.freeconferencecall.com](http://www.freeconferencecall.com) for international numbers

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| **A note for Secretaries:**  Each group should be autonomous except in matters affecting other groups or S.A.A. as a whole. Within this constraint the structure and content of this script can be changed at any time by a Group Conscience Meeting given two weeks' notice. | |
| **Date** | **Revision History & Group conscience summary** |
| 22/07/2006 | * Small concessions to the visual limitations of a telephone conference |
| 20/01/2007 | * Replacing ‘How it works’ with first 3 paragraphs from ‘Sex Addicts Anonymous’ |
| 07/07/2007 | * Specifying monthly focus sequence |
| 20/02/2008 | * Generalised times * Change to Wednesday * Added literature resources reference to ‘Opening’ * Added ‘Welcome to Newcomers’ |
| 17/09/2008 | * Replaced 'Introduction' with 'How It Works Edited' * Next month's secretary decided on week three * Only read the tradition of the month (overdue update) |
| 29/04/2009 | * Insert reminder to mute phone in ‘Opening’ |
| 02/06/2009 | * Insert SAA UK contact details to ‘Opening’ |
| 22/07/2009 | * Wrap ‘How It Works’ round ‘The 12 Steps’ |
| 10/09/2010 | * Insert reference to Tele-meeting Intergroup under Seventh Tradition |
| 13/03/2011 | * Changed London UK Intergroup to UK Intergroup |
| 10/10/2012 | * Removed references to feedback in 'General Sharing' * Removed reference to 'disclosure to the authorities' from 'Letter to Newcomers' |
| 23/10/2015 | * “Conference Now” Contact changed from Chris X to Garth W [Garth.in.recovery@gmail.com](mailto:Garth.in.recovery@gmail.com) , mobile 078 350 40185 * Regular no Premium rate contact Number for UK provided **- 0333 300 0070** * Wednesday meeting email added **Email Contact :** [Wednesdaytelemeeting@gmail.com](mailto:Wednesdaytelemeeting@gmail.com) * Intergroup, Script Downloads, and Contact details added. |
| 13/01/2016 | Agreed by Group Conscience meeting   * The following members Jakob W & Garth W, have volunteered do service and to access to and monitor the [wednesdaytelemeeting@gmail.com](mailto:wednesdaytelemeeting@gmail.com) email address, responding to email as appropriate & bring information & issues back to the group * Call for Intergroup representative. No Volunteers came forward, Request to be taken back to the group. * Amendments to the meeting script proposed, and highlights –It was agreed upload the amended script to the websites and run with this for 1 month, and then to seek comments and agreement on the proposed amendments. Amendments include   + Note to Secretaries Amended   + 3. The opening - Simplification of Web Addresses, script downloads, Disclosure warning added   + 7. Silence - Duration of silence changed to 15-20 seconds   + 9. Newcomers letter – Disclosure warning & how to handle triggers added.   + Focus week 2 - Additional Tools added to the list of Tools of the program. Sharing on tools to be in general sharing.   + 12- Step 1 Presentations removed.   + 13. General; Sharing – share on Focus, and personal Experience Strength & Hope + 12 Steps and Traditions. Bring into the light shameful behaviours removed.   + 13. Step 1 Response removed   + 16. 7th Tradition – Updated to include service, fellowship etc.   + 17. Closing – Contact Number sharing and sponsorship request and volunteering added. |
| 02/03/2016 | Agreed by Group Conscience meeting   * Anonymity vs Disclosure statement in the opening removed * Guidance on Sharing, added to General Sharing Section * Notification that the meeting secretary may interrupt a share in the unlikely event of an inappropriate share being made, added to General Sharing Section * Week 4 Focus changed to the Tradition of the month * Week 5 Focus changed to a Reading * 10 min sharing time to be made available for big meetings. * Pre-Meeting Duties for Secretary amended to allow the secretary to ask for volunteers to read “How it Works”; “the 12 Steps” and “the Step 9 Promises”, before the meeting starts. * Newcomers Letter - Anonymity Statement and persons at risk warning amended. |
| 23/03/2016 | Newcomers Letter - Anonymity Statement and persons at risk warning amended back to comply with UK Intergroup advisory Letter. |
| 04/05/2016 | References to SAA UK Intergroup website updated to [saauk.info](http://www.saauk.info) |
| 12/09/2016 | Meeting script updated as per group conscience decisions taken on 7/09/16: Desirable for secretary to be appointed every three months if possible, and Step 5 & 3 months sobriety for secretaries also recommended. However, if it’s not possible to meet these recommendations, the group should appoint someone as secretary so that the meeting can go ahead. |
| 12/12/2016 | Update of meeting focus rotation so that there are two shares a month.  Change of group introduction so that people just say their name and if they like their general location. |
| 30/06/2017 | Change of telephone number  Inclusion of disclaimer section, warning that secretary can see your numbers to start of meeting script |
| 13/02/2018 | Added bell the three minutes to scrip as per group conscious removed letter as per group conscious. |
| 13/08/2018 | Added in Greeter position into script and modified service positions as per group conscious on 06/08/2018. |
| 17/8/2023 | Charles took over from Joe as script secretary  Ryan took over from Michael as event secretary  Matt to continue as greeter.  Michael stood down as main share finder. Not filled.  Joe proposed updating script. He will revise and send to group for consideration ahead of review at another group conscience. |
| 30/8/2023 | Group agreed that all service positions require at least three months sobriety and 5th step (group can decide otherwise if required). Passed unanimously.  Matt will be our share finder supported by other members of the group. Before booking speakers, members will check with Matt to ensure we don’t double book. Three month commitment. Will review in new year. Passed unanimously.  Next GC 4/10/2023. |
| 2/11/2023 | Group did review of this document, including the script for the meeting. Various changes were discussed and agreed. See this document. We agreed to start using the new script in two weeks, from 15/11/23.  We also discussed reverting to the use of the FCC online meeting portal to monitor who is online, who is muted/not muted, and to be able to mute people, etc, if required. We agreed to do so. Stan will provide the login details to all via WhatsApp group. |

1. Agenda

*Apart from a prompt start and finish, times listed are approximate guidelines only:*

*-0:15 Greeter dials-in to welcome early attenders*

*-0:05 Secretary dials-in and talks to Greeter about any newcomers*

*-0:04 Secretary asks for volunteers to read.*

* *How it works*
* *12 Steps*
* *The Promises*

***+0:00 (prompt)*** *Opening Serenity Prayer*

*+0:01 Opening*

*+0:02 How It Works*

*+0:04 The 12 Steps*

*+0:06 The Tradition of the Month*

*+0:08 Silence*

*+0:09 Group Introductions*

*+0:10 Group Business (including Welcome to Newcomers)*

*+0:15 The Focus - Step 1 or other presentation, or Step or other reading*

*+0:25 General Sharing (omit for Step 1 presentations)*

*+0:55 The Seventh Tradition*

*+0:56 The Promises*

*+0:58 Closing*

***+1:00 (prompt)*** *Close for Chat, or Group Conscience*

*+1:05 Group Conscience Serenity Prayer (if scheduled)*

*+1:06 Opening a Group Conscience (if scheduled)*

*+1:08 The 12 Traditions (if a Group Conscience is scheduled)*

*+1:10 Group Conscience discussion (if scheduled)*

***+1:45 (prompt)*** *Closing a Group Conscience (if scheduled)*

(-0:05) Secretary talks to greeter about any newcomers

(- 0:04) Reading allocation

**Secretary:** Evening everyone, before we start May we have volunteers for the readings:

* *How it works - (from meeting script, below, or from Big Book p58-59)*
* *12 Steps*
* *The Step Nine Promises – (from meeting script, below, or from Big Book p83-84)*

(+ 0:00 prompt) Disclaimer

***Secretary*:** Good evening my name is xxx and I am a sex addict.

Just to make members aware before we start the meeting, that the secretary can see participant’s telephone numbers using the online meeting portal. If members wish to preserve their anonymity then if you are in the UK please drop off the call and re dial using the 141 prefix before the meetings telephone number. However, it is only the secretary (or nominated group member) that can see your number no other participants can see this information.

(+ 0:00 prompt) Opening Serenity Prayer

***Secretary*:** Please will you help me open the meeting with the Serenity Prayer, using the word 'God' as you understand it:

*All at will*: God, grant me the serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference.

(about + 0:01) Opening

***Secretary*:** Welcome! This is the Wednesday European Telephone Meeting of Sex Addicts Anonymous.

S.A.A. is a fellowship of people who share our experience, strength and hope with each other so that we may stop our addictive sexual behaviour and help others to recover from sexual addiction and dependency.

Membership is open to all who share a desire to stop their addictive sexual behaviour and are willing to try to follow this simple programme. The programme is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous, but we are not affiliated with A.A. or any other organisation or agency. We are not aligned with any religion, sect or denomination.

This is not a place to meet sexual partners, nor is it group therapy. We try to listen respectfully to what others have to say and to share our own experience as it seems appropriate. We do not give advice.

Literature including approved pamphlets and the Sex Addicts Anonymous Green Book are available from [saauk.info](http://www.saauk.info) or [saatalk.info](http://www.saatalk.info). This script is available from saatalk.info.

Anonymity is a cornerstone of the Twelve Step Programme. We use only our first names. Whatever our status or position outside of this group is not an issue here. Although anonymity is a core tradition, you should be aware that some people may decide after careful thought to report certain disclosures to the authorities.

We would like to remind members when not speaking to mute your phones by pressing star six or using the mute button on your phone.

We hope you will join in sharing the collective EXPERIENCE, STRENGTH and HOPE that is ours when we work the programme and trust our higher power to deliver the promises. If you are new or having a trying time, remember that others of us have been there too.

Keep coming back! It works!

(about + 0:04) How It Works

***Secretary*:** Would <volunteer’s Name> please read “How it works.” *(can also be found on pp58-59 Big Book)*

***Volunteer****:* Rarely have we seen a person fail who has thoroughly followed our path.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it - then you are ready to take certain steps.

At some of these we balked. We thought we could find an easier, softer way. But we could not. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.

Remember that we deal with sexual addiction - cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power - that One is God. May you find God now!

Half measures availed us nothing. We stood at the turning point. We asked God's protection and care with complete abandon.

Here are the steps we took, which are suggested as a programme of recovery:

(about + 0:05) The 12 Steps

***Secretary*:** Would <volunteer’s Name> please read the Twelve Steps of Sex Addicts Anonymous *and the section below from the AA big Book.*

***Volunteer****:* the Twelve Steps of Sex Addicts Anonymous

1. We admitted we were powerless over addictive sexual behavior - that our lives had become unmanageable.

2. Came to believe that a power greater than ourselves could restore us to sanity.

3. Made a decision to turn our will and our lives over to the care of God, as we understood God.

4. Made a searching and fearless moral inventory of ourselves.

5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. Were entirely ready to have God remove all these defects of character.

7. Humbly asked God to remove our shortcomings.

8. Made a list of all persons we had harmed and became willing to make amends to them all.

9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

10. Continued to take personal inventory, and when we were wrong promptly admitted it.

11. Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God’s will for us and the power to carry that out.

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to other sex addicts and to practice these principles in our lives.

Many of us exclaimed, "What an order! I can't go through with it." Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles. We are not saints. The point is that we are willing to grow along spiritual lines. The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection.

Our personal adventures before and after make clear three pertinent ideas:

(a) That we were sexually addicted and could not manage our own lives.  
(b) That probably no human power could have relieved our addiction.  
(c) That God could and would if God were sought.

(about + 0:08) The 12 Traditions

***Secretary*:** I will now read the tradition of the month, this month being the “x’th” month of the year Tradition “X” is…..

1. Our common welfare should come first; personal recovery depends upon S.A.A. unity.

2. For our group purpose there is but one ultimate authority - a loving God as may be expressed in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for SAA membership is a desire to stop addictive sexual behaviour.

4. Each group should be autonomous except in matters affecting other groups or S.A.A. as a whole.

5. Each group has but one primary purpose - to carry its message to the sex addict who still suffers.

6. Our fellowship ought never endorse, finance, or lend the SAA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

7. Each group ought to be fully self-supporting, declining outside contributions.

8. Sex Addicts Anonymous should remain forever non-professional, but our service centers may employ special workers.

9. S.A.A. as such, ought never be organised; but we may create service boards or committees directly responsible to those they serve.

10. Sex Addicts Anonymous has no opinion on outside issues; hence the S.A.A. name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV and films.

12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

(about + 0:09) Silence

***Secretary*:** Please can we have a few moments silence in which to reflect on why we are here and to think of the still suffering addict.

*Sufficient silence for reflection and thinking - usually about 15 – 20 seconds.*

*Secretary:* Thank you.

(about + 0:10) Group Introductions

***Secretary*:** We now come to Group Introductions in which we each introduce ourselves by our first name only, and if we like our general location.

*Starting with the secretary each member in turn introduces themselves and the rest of the group responds by greeting them by their first name.*

(about + 0:15) Group Business

**Secretary:** We now come to Group Business and SAA announcements. If anyone has any business or SAA announcements to bring before the group this is the time to do it.

If there is no further announcements or group business...

***Notes to secretary not to be read unless required:*** *- Any member may introduce themselves again and bring business notices or queries before the meeting. Simple decisions may be decided by consensus within Group Business but more complex or important decisions must be deferred by consensus to a Group Conscience Meeting, which must take place with at least one week's notice immediately after a normal meeting.*

* *Now is a good time to ask if anyone is available to do an upcoming Main Share. As voted by Group Conscience, the sobriety requirements is Step 5 and 3 months sobriety.*

(about + 0:18) The Focus

***Secretary*:** We come to the focus for this week's meeting, this being the <X> week of the month the focus of today’s meeting is:-

* ***First week*** *- Step reading of the month  
  The reading or part of the reading from the* ***12 steps and 12 traditions of AA*** *(pdf available online) or Sex Addicts Anonymous Green Book book for the step corresponding to the month, e.g. January Step 1, December Step 12*
* ***Second week*** *- Personal Story of Strength Hope and Recovery (Main Share)* ***or*** *Presentation on a related topic by a volunteer,* ***or*** *Recovery Story from the Sex Addicts Anonymous book.*
* ***Third week*** *– The Tradition of the Month*

*The reading or part of the reading from* ***12 steps and 12 traditions of AA*** *(pdf available online) or**the Sex Addicts Anonymous Green book for the Tradition corresponding to the month, e.g. January Tradition 1, December Tradition 12*

* ***Fourth week*** *- Personal Story of Strength Hope and Recovery (Main Share)* ***or*** *Presentation on a related topic by a volunteer,* ***or*** *Recovery Story from the Sex Addicts Anonymous book*
* ***Fifth week*** *- - Tools of the programme. See ‘Tools of the programme’ overleaf.*

**(about + 0:20)** Tools of the Programme

***Secretary*:** I will now read aloud several of the available tools which others have found useful. Members will then be invited to reflect and Share on these tools, or any other tools they have found helpful in their recovery.

*Choose 3-4 tools to read out.:*

3 Second Rule

*Anonymity and Confidentiality*

***Abstinence*** *Boundaries*

*Sponsorship Affirmations*

*Literature* ***Meetings***

*Contracts Phone Lists*

***Gratitude*** *Traditions*

***Journaling******Service***

*Humour Prayer*

*Exercise Meditation*

***Honesty*** *Slogans*

***Phone/outreach Book Ending***

*Surrender* ***The Twelve Steps***

*Boundaries around sex between group members*

***Fellowship*** *Forgiveness*

*Positivity*

~~.~~

(about + 0:30 for readings or +0:40 for a Main Share,) General Sharing

***Secretary*:** We now come to General Sharing.

We encourage you to share on the focus of today’s meeting, reflecting on your

EXPERIENCE - STRENGTH & HOPE, encountered in recovery and achieved through working the 12 Steps and 12 Traditions.

In your sharing, please be sensitive to the safety of others by avoiding overly specific descriptions of acting out behaviors, naming specific places you have acted out or publications, broadcasts, websites, apps and services you have used. Also, be mindful of your language when sharing, avoiding using slang terms for acting out behavior.

We do not interrupt each other, and we do not ask questions or engage in discussion. The secretary may intervene in the unlikely event of an inappropriate share.

We do not have to share if we don't want to.

Please be aware of the time, so that all members may get a chance to share. Try, if you can, to keep your sharing to within three minutes and please do not be offended if I interrupt you by sounding the bell.

Is someone available to be our spiritual timekeeper?

***OPTIONAL:*** As we have a particularly full meeting today or we had a General Share, I propose extending General Sharing to finish at 9:10pm, for those that wish to leave at the advertised meeting end time, please share first.

The time is now *(time)* and General Sharing will finish at 8:55pm. Please introduce yourself if you wish to share. The meeting is open for sharing.

(about + 0:55 or +1:10 for big meetings) The Seventh Tradition

***Secretary*:** That brings us to the end of the sharing part of the meeting. We now come to the Seventh Tradition.

May I remind everyone of the Seventh Tradition, that is, that every S.A.A. group ought to be fully self-supporting, declining outside contributions. Being self-supporting involves both contributing money to help support SAA and for group members to volunteer to support the group by attending meetings, sharing, doing service, outreach, fellowship, sponsorship, and more.

At this meeting we don’t pass a basket. Contributions to the UK Intergroup can be made at [saauk.info](http://saauk.info) and to the Telemeeting Intergroup at [saatalk.info](http://www.saatalk.info). Contributions are important and will help all of us all in our recovery.

(about + 0:56 or 1:11) The Step 9 Promises AA Big book page 83-84

***Secretary*:** Would <volunteer’s Name> please read the Promises for us.

***Volunteer:***If we are painstaking about this phase of our development we will be amazed before we are halfway through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone we will see how our experiences can benefit others.

That feeling of uselessness and self-pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realise that God is doing for us what we could not do for ourselves.

Are these extravagant promises?

***All at will:*** We think not.

***Volunteer:***They are being fulfilled among us: sometimes quickly, sometimes slowly. They will always materialise if we work for them.

(about + 0:58 or 1:13) Closing

***Secretary*:** In closing, the opinions expressed here tonight were strictly those of the person who gave them. Take what you like and leave the rest.

The things that you heard were spoken in confidence and should be treated as confidential. Keep them within the walls of this room and the confines of your mind. Remember that anonymity is a core tradition on which the programme depends.

Whatever problems you have, there are those among us who have had them too. If you keep an open mind, you will find help. Let us talk to one another and reason things out but let us not gossip or criticise each other. Instead let the understanding, love and peace of the programme grow in each of us one day at a time.

For anyone who wants to share their number, would like another members number, is seeking a sponsor or is available to be a sponsor please say so now to so you can connect afterwards in the fellowship part of the meeting.

When sharing numbers after the meeting, please be specific regarding who can take down your number, and would members please refrain from taking down someone’s number unless specifically given permission to do so by the owner.

Please stay on the line for fellowship, outreach, to check in and to share numbers.

Will you join me in the closing serenity prayer, standing and holding hands metaphorically if you wish, using the word God as you understand it.

***All at will:*** God, grant me the serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference.

***All at will:*** Keep coming back, it works if you work it - so work it, you're worth it!

Group Conscience Meeting Script

(about + 0:00) Opening a Group Conscience

***Secretary****:* Welcome! This is the Group Conscience of the Wednesday Evening Telephone Meeting of Sex Addicts Anonymous.

A Group Conscience is a special decision-making meeting for the group to consider an issue that it is felt requires more time than could be given during the regular meeting. This Group Conscience was called to consider *[describe briefly the reason for the Group Conscience].*

Decisions are normally by unanimous agreement, but many meetings also agree to conform to a majority vote if necessary. We have scheduled a maximum of 30 minutes for this Group Conscience. If we have not reached an agreement by 21:30 we can schedule another Group Conscience. In any case I will summarise any decisions and progress made and record them in the meeting notes.

(about + 0:03) Group Conscience Serenity Prayer

***Secretary:*** Please will you help me open our Group Conscience with the Serenity Prayer, using the word 'God' as you understand it:

***All at will:*** God, grant me the serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference.

(about + 0:05) The 12 Traditions

***Secretary:*** Please may A volunteer read the 12 Traditions for us

***Volunteer:***The Twelve Traditions of Sex Addicts Anonymous

1. Our common welfare should come first; personal recovery depends upon S.A.A. unity.

2. For our group purpose there is but one ultimate authority - a loving God as may be expressed in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for membership in S.A.A. is a desire to stop addictive sexual behaviour.

4. Each group should be autonomous except in matters affecting other groups or S.A.A. as a whole.

5. Each group has but one primary purpose - to carry its message to the addict who still suffers.

6. Our fellowship ought never to endorse, finance, or lend its name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

7. Each group ought to be fully self-supporting, declining outside contributions.

8. Sex Addicts Anonymous should remain forever non-professional, but our service centres may employ special workers.

9. S.A.A. as such, ought never be organised; but we may create service boards or committees directly responsible to those they serve.

10. Sex Addicts Anonymous has no opinion on outside issues; hence the S.A.A. name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV and films.

12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

(about + 0:08) Group Conscience discussion

***Secretary:*** The Group Conscience is open for discussion. Please introduce your contributions by your first name and any short description that might be appropriate.

(By +0:45) Closing a Group Conscience

***Secretary:*** This Group Conscience has decided

*[briefly describe the group decision]*

*or:* Unfortunately the group has indicated that this question needs more time but the time scheduled for this Group Conscience is up. Any member may call for another Group Conscience if further discussion is required. We must close now but we have made the following progress *[briefly describe progress made]*

*in any case:*

The summary of the meeting, decisions reached and outstanding issues shall be listed in the revisions section of this scripts and the new scripts uploaded to Meeting website on [www.saatalk.info](http://www.saatalk.info)

**In closing:**

The opinions expressed here tonight were strictly those of the person who gave them. Take what you like and leave the rest.

The things that you heard were spoken in confidence and should be treated as confidential. Keep them within the walls of this room and the confines of your mind. Remember that anonymity is a core tradition on which the programme depends.

Whatever problems you have, there are those among us who have had them too. If you keep an open mind, you will find help. Let us talk to one another and reason things out but let us not gossip or criticise each other. Instead let the understanding, love and peace of the programme grow in each of us one day at a time.

Will you join me in the closing serenity prayer, standing and holding hands if you wish, using the word God as you understand it.

***All at will:*** God, grant me the serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference.

***All at will:*** Keep coming back, it works if you work it - so work it, you're worth it!